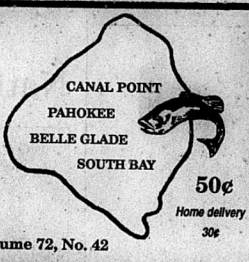



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Happy Thanksgiving



Thursday, November 23, 1995 Volume 72, No. 42

News Briefs

City of Belle Glade plans holiday display
Elementary school and Headstart program children are invited to participate in the City of Belle Glade's Christmas tree decorating project. Students will decorate trees which will then be lit up on Friday, Dec. 1, at 6:30 p.m. in front of the Belle Glade Municipal Library.

At that time there will also be carol singing and selections from a vocal ensemble from the Glades. Members of the community are invited to attend the event to issue in the holiday season.

Turkey shoot Dec. 6 & 7
The Belle Glade Rotary Club is sponsoring a turkey shoot on Wednesday, Dec. 6 and Thursday, Dec. 7 from 5 to 10 p.m.

The shoot will be held next to Flotation Tire on N.W. Avenue L, Belle Glade. For a small fee participants can try to win turkeys and a chance on a Browning. 22 LR Rifle.

Public meeting
The Glades Community Development Center is sponsoring a free meeting for anyone interested in starting up their own business. The meeting will be Tuesday, Nov. 28 at Glades Central Community High School in the Media Center and again on Wednesday, Nov. 29 at Pahokee Junior/Senior High School in the auditorium at 6 p.m.

If you have a small business and are thinking of starting a business, you are invited to attend. For more information, call GCDC at 992-9500 and ask for Gini or Heather.

Christmas Parade
The Pahokee Chamber of Commerce is gearing up for its 10th Annual Christmas Parade.

The parade is scheduled for Monday, Dec. 4, at 7 p.m. Contact the chamber at 924-5679 for more information or to get an entry form.

Clothing Closet open
A clothing closet has been opened at First Baptist Church in Belle Glade for all in need.

The free clothing is available on Tuesdays and Thursdays from 3 to 5 p.m. The church is located at 17 N.W. Avenue K, Belle Glade.

Club selling pecans
Members of the Belle Glade Garden Club are selling pecans again this year. To order, call Natesh Neichman at 996-5303.

Peppi Head Start now accepting children
Lutheran Ministries of Florida, Peppi Head Start is accepting children ages three and four into their program. All are welcome, including children with disabilities and there are no fees. The center is located at 200 S.W. Ninth Street, Belle Glade. For more information, call 996-1716.



A Thanksgiving tradition...Students at Glades Day School's West Campus dined on vegetable soup Tuesday. The children wore hand-made Thanksgiving hats in remembrance of that first Thanksgiving feast celebrated by the Pilgrims. Shown enjoying the meal are Katie Yance and Jamie Eddy, both 3-years old.

Meningitis kills Gove Elementary student

By Brenda Bunting
A 5-year-old kindergarten student at Gove Elementary has died of meningitis. Her classmates are taking preventive steps to keep from getting the bacteria which is an inflammation of the membranes and fluid surrounding the spinal cord and the brain.

School employee Kathy Miller said students in Kiara Parker's class are taking a two-day dose of the antibiotic Rifampin to prevent getting the disease. Health officials say only those people who have been in long-term contact with the girl are at risk.

Symptoms of the disease include a sudden high fever, intense headache, nausea, vomiting, a stiff neck and a rash that sometimes appears over the body.

The young girl got sick last Friday and her condition worsened by Saturday. She died Sunday while being taken to St. Mary's Medical Center in West Palm Beach.

Another youth from Boca Raton died Tuesday, Nov. 21 from the same virus. Health officials say the boy was only ill for one day.

Parents are urged to watch their children for symptoms and to seek immediate medical attention if their child develops a high fever, stiff neck, vomiting, headache, and a rash.

Health officials sent letters to the other 22 students in Kiara Parker's class advising them to have their children take the antibiotic.

School employees at Gove Elementary took up a collection Tuesday to help pay for Kiara Parker's funeral expenses. The money was taken to Kiara's mother, Shatara Dukes on Tuesday.

Funeral services for Kiara are set for next Tuesday at Taylor, Smith and West Funeral Home.

Petty benefit successful

The John Petty Benefit Committee has been working to raise funds for John Petty for about two months. Although they didn't reach the \$20,000 needed, the committee will remain committed.

Through the barbecue benefit held Nov. 18 and a trust fund set up for Mr. Petty at First Community Bank of Palm Beach County, the committee has raised a total of over \$6,000 that will be used to purchase a specially equipped van.

Mr. Petty is a quadriplegic who became paralyzed following a swimming accident 13 years ago. He was given little chance of surviving the accident, yet he refused to give up his fight.

Maintaining a 4.0 GPA (grade point average), John earned his Associate of Arts Degree from Palm Beach Community College's Glades Campus and is currently working towards his Bachelor's Degree. Following graduation, John's future plans include earning a Master's Degree in counseling so that he can become self-sufficient.

"I feel strange having to accept donations and gifts from others but Mickey Pender and other committee members wanted to do this for me and I couldn't refuse their kindness," said John Petty.

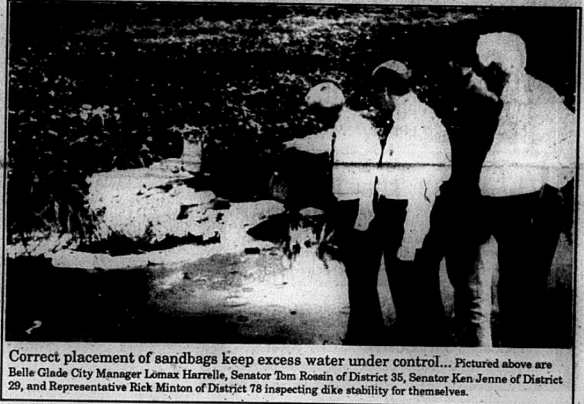
Due to the fact that there are no post-graduate counseling programs offered in the Glades, John will need proper transportation to be able to travel to West Palm Beach to further his education.

Friends and family members say John's faith and commitment gave him the courage to turn obstacles into opportunities.

The John Petty Benefit Committee members who have worked so hard on this heartfelt endeavor are listed below:

Sue Bailey, Chere Bowens, Brenda Bunting, Dr. Helen Franke, Gary Goggins, Vernita Hale, Homer & Dolly Hand, Lomax Harrelle, Evelyn Johnson, Barbara Miller, Chief Michael Miller, Hanna Miller, Barbara Milligan, Capt. Michael Mills, Mary Orsenigo, Mickey Pender, Sgt. John Raulerson, Mary Richmond, Cynthia Samuels, Rachel Sanchez, Steve Scalabrin, Carl Seibert, Richard & Peggy Shoemaker, Jimmy Simms, Les Sutterfield, Iris Tanner and Steve Weeks.

"I would like to thank all of the committee members and the entire community for the goodness I have seen. On the news and in the media I always hear negative news about the Glades, but I don't know anywhere else that so many different ethnic classes would come together to do something like this," added Mr. Petty.



Correct placement of sandbags keep excess water under control... Pictured above are Belle Glade City Manager Lomax Harrelle, Senator Tom Rossin of District 35, Senator Ken Jenne of District 29, and Representative Rick Minton of District 78 inspecting dike stability for themselves.

Rep. Minton tours Lake Okeechobee

Checks water levels and security of dike

Representative Rick Minton, District 78, toured Lake Okeechobee last week with a couple members of Palm Beach County Delegation. They investigated dike stability and security in the aftermath of the "100-year floods" from October and the record amount of rains during the summer months.

"I wanted to see for myself and for my constituents that the dikes were safe and protecting the residents," Minton said. "What I saw on the tour assured me that the Army Corps and the water management districts are protecting the people in the best manner possible."

Fritz Stein, a Glades-area farmer and Belle Glade City Manager Lomax Harrelle

The Army Corp of Engineers and water management districts control dike situations.

During the past few months Lake Okeechobee has reached the second highest level in history since 1949. The lake level, at 18 feet 63 inches, have brought concerns of the dike's stability.

Seepage has been identified in several locations surrounding the lake but authorities say residents do not have to worry about the dike failing. They say seepage is not a new occurrence and can be controlled through the use of sandbags.

The Corp of Engineer's regulations for the lake to be at 16 feet 5 inches. When the lake reaches these record heights, the Corp of Engineers does two things: They go to maximum water releases out of the lake; and increase levee inspections. This is the reason for the recent activity on the dike.

The dike is 50 years old in some sections and in some sections it is older. Right now, the Corp of Engineers is in the process of a two year Seepage and Stability study. Core drilling trucks are drilling down all the way to the bedrock of the dike to find out what the material of the dike is constructed of, how the bedrock material is functioning, and if the material is compacted as strong as it is supposed to be.

The public will see the continuation of the Core drilling trucks from the Fort Mayaca, Canal Point, and South Bay areas until they are finished with the geotechnical analysis studies. Based on the analysis, there may some additional work done to the dike in the future.

The Army Corp of Engineers are prepared for any emergency situation relating to the dike.

The lake level is presently at 17 feet 52 inches, which proves the lake level is receding.



Showing their Barbecue talents!... Pictured above are John Petty (front), (back, left to right) Quinton Smith, Capt. Michael Mills, Sgt. John Raulerson; John Pender, Richard Cheek, Billy Webster, and Mark Sutterfield, shown here at the barbecue benefit for John Petty held Saturday, Nov. 18.



Nine-year-old Brandon Jackman (who is a big Braves fan as you can see) enjoyed the Thanksgiving meal at Glades Day School's West Campus of Monday.

West Tech students receive good attendance awards

The following West Technical Education Center students were honored Wednesday, Nov. 8, at an assembly for good attendance:

Air Conditioning: Nelson Marrero, Aaron Phillips, Roberto Rodriguez, Auto Body Repair: Angel Cruz, Tommy Ellis, Willie Fudge, Jason Haines, Jason Jones, Rickey Mosley, Antavious Robinson, Joel Rodriguez, Sabrina Sherman. **Auto Mechanics:** Joseph Brown, Jeremiah Dixon, Jon Douglass, Andre Fortune, Alex Laham, Norberto Lopez,

Rayford Slaughter. **Building Maintenance:** Maxo Dautin, Weatherington Hobbs, Cornelius Jones, Hiawatha Thomas. **Business Education:** Yoriko Adams, Shaleana Bullock, Lilkeshia Hudson, Marie Milien, Jeboan Oldimy, Sharon Singletary, Brenda Wagner. **Child Care:** Aliane Giffard, Gaylene Hilerne, Mary Jones, Pamela Lance, Teodora Martinez, Judith O'Farrell, Louise Petithomme, Shameara Porter, Brenda Williams, Chevela Williams. **Commercial Foods:**

Sheteka Battle, Kevette Dunkley, Ethel Gibson, Shatoria Jones, Brenda Leon, Chona Rocha, Shakirius Smith. **Cosmetology:** Lantangela Booker, Quentella Brown, Misty Coats, Detrick Coleman, Keisha Gooden, TeQuesta Guy, Hattie Jasper, Sonya Pickens, Ana Rodriguez, LaShawn Roundtree, Sharee Syked, Tonia Thornton, Iya Walker, Anitra Williams, Cynthia Williams, Sieretta Williams. **Electrical Wiring:** Richard Jung, Carlos Quintana. **English For Speakers of Other Languages:** Joseph Altidor, Evanie Amissant, Yabon Celestin, Rodolphe Danus, Natacha Eduard, Altigrace Elhassaint, Herand Fevrier, Antonio Fonrose, Nerlande Geneus, Jean Ronald Hemand, Jean Louis Joubert, Mercedes Mejia, Lisa Metelus, Madeleine Nelson, Diela St. Fleur, Elvide Vixama, Rigel Zelaya. **General Educational Development (GED):** John Andrews, Marie Hilar, Amy Williams. **Licensed Practical Nursing:** Terri Givetta, Steven LaBelle, Joseph Ragnie, Vicki Snow, Lauratta Teller. **Patient Care Assistant:** Sandra Hudson, Jacqueline Kennedy, Judith Walker. **System for Applied Individualized Learning:** Marie Pericles.

After refreshments were served, a drawing was held for gift certificates and other prizes donated by local business and staff members.



By Paula Swafford, RN

National Home Health Care Week annually salutes the nurses, therapists, home health aides and administrative staff who provide care for patients in homes across the United States. This year Nov. 28-Dec. 4 has been designated to honor those caregivers.

As Administrator of First American Home Care of Belle Glade, I view the week as having two objectives. First of all, we certainly want to recognize First American Staff members along with our fellow caregivers throughout Palm Beach

County. At the same time, we also use this week as an opportunity to educate the community on the availability of home health care services.

Frequently the public is unaware of the services which a home health care agency can provide. Most often sick or disabled people want to be cared for in the familiar surroundings of their homes. Now, due to the mobility of highly-trained, qualified caregivers and continuing advancements in medical technology, home-bound patients have that option.

Home health services include skilled nursing, nursing assistants, various therapies and medical social services all under the direction of the patient's physician. In this industry, we have succeeded in incorporating highly technical skills in varied areas, such as Psychiatric, Maternal/Child, IV (intravenous) and Enterostomal Wound Management with specialized and individualized treatment of patients in their

homes. Our motto "Keeping Families Together" is what we do and what we are. We help patients of all ages to receive the finest health care in the comfort and security of their homes. For many patients, it is an excellent alternative to lengthy hospitalization or nursing home placement. Studies verify that patients tend to recover faster and live longer, happier lives when they receive care in their homes.

As the holiday season approaches, take a moment to give an extra smile and a big "Thank" to the men and women who work in their respective communities to provide care to patients in their own homes. All in all, we, who call ourselves home care nurses, get back from our patients much more than we can ever give. Many times we find that patients not only allow us into their homes to care for them, but into their hearts as well.

Until next time...stay informed and stay healthy.

What goes up must come down



By Mike Lyons

The tornadoes that struck Mississippi in November of 1992 were devastatingly powerful. Fifteen people were killed while another 200 were injured.

Rodney and Sharon Simms were lucky. A tornado destroyed their trailer home near Florence but they walked away from the disaster without a scratch.

Yet, in those few seconds it took the cyclone to destroy their home, Rodney and Sharon lost all of their possessions. All they had left were memories. Or, so it seemed.

The morning after the twister, in Canton, Mississippi, Anthony and Frieda Gilmer found something unusual on their front lawn. It was a marriage license and a photograph of a youth baseball team—two items from the Simms' home.

The Gilmer's live in Canton-

more than 30 miles from the Simms. "Unbelievable," said Rodney Simms. "You can't throw a picture like that five feet across the room and it blows 30 miles to Canton in the wind and rain without getting destroyed."

It was amazing, but as a new study reveals, it has happened before. "Historical records and our own research indicate that debris does fall from some tornadoes down the road from its source," said Amy Wyatt, a researcher at the University of Oklahoma.

Amy wants to know how far that debris is likely to be carried by the tornado's winds. That's why she and other researchers at the University of Oklahoma are involved in the Tornado Debris Project.

"If this is a common event," Amy said, "then tornadoes pose serious hazards well beyond the direct impact of their high winds." For example, what if a tornado hit a toxic waste dump or medical waste in bulk storage?

In the past year, Amy's group has examined two tornado events—one in Oklahoma and the other in Texas.

On April 25, 1994 a strong tornado touched down in southeastern Oklahoma near Muskogah.

The tornado destroyed a

storage shed from a defunct gas company," Amy said. "Two residents in Ft. Smith, Arkansas found canceled checks belonging to the company." Ft. Smith is 70 miles from the gas company.

The other tornado hit Gainesville, Texas on April 26, 1994 causing extensive damage to homes and property. "A cancelled check was found 60 miles from its source," Amy said. Another object, a dead toad, was discovered 40 miles from where the tornado hit.

Amy's group is in the first year of a three year study but she has been able to make some preliminary conclusions. Among them: tornadoes do pick up all sorts of material often transporting them several miles. Most of the debris tends to fall to the left of the direction of storm movement. And, debris fallout occurs primarily with strong to severe tornadoes.

It is the law of gravity whatever goes up must come down. Amy and other researchers are trying to find out exactly where debris from a tornado would come down. Sometimes the most amazing things fall from the sky.

Mike Lyons is the weatherman for WPBF Channel 25.

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PIGSKIN PREDICTIONS STANDINGS

There is still a tie for first place, but if you notice this week's picks, our leaders have three different picks, so the tie will be broken.

Lake Hardware W94 - L26
Mike Burkett (Tied for 1st)
Bernie Little W94 - L26
Earl Wingate (Tied for 1st)
Barnett Bank W89 - L31
Hattie Bennett
Glades Ford W89 - L31
Big "A" Vereen
Badcock W88 - L32
Clay Connell
The Paint Store W88-L32
Vera Robinson
Jimmys Sales W87 - L33
Jimmy Audet
Howell Oil W86 - L34
Warren Howell
Glades Gas W85 - L35
Dennis McCarthy
First Community Bank W84 - L36
Robert Archer
Lake Welding W83 - L37
David Rimes
Leo's Pizza W83 - L37
Robert Grande
Glades Gas (pick)
Miss. State over Miss



The National Honor Society at Glades Day School coordinated a Thanksgiving food drive for the "Food for Families" project. The Palm Beach County Sheriff's Department, Glades Division, the Children's Home Society, and the West County Service Center of the American Red Cross will distribute the food to needy families in the Glades. Shown seated left to right are Jennifer Griffin, Tara York, Joi Salvatore and Patrick Altman, all with Glades Day School. In the back row, from left, are Michael Fincannon, Katie Perry, Scottie Smith and Lynda Woodley.

Boys and Girls Club holds kick-off party

The Glades Boys & Girls Club held their Annual Kick-off Party on Thursday, Nov. 16. The event was held at Sugar Cane Growers Cooperative in Belle Glade. Dale Morris, area board president, introduced the Board of Manager John L. Rogers, vice president, Dan Paige, treasurer, Gene Bair, secretary, and board members Rev. Johnny Johnson, Steve Weeks, Joe Amato, Jim Herring, Brian Lohmann, Eugenia Jones, Tommy Altman, Lester Baird, Linda

Moss, Michael Jackson, Mike Johnson, and Clay Connell.

Mr. Morris thanked the Children's Services Council, MacArthur Foundation and United Way of Palm Beach County for funding the program. Special thanks went to the Palm Beach County School Board, the City of South Bay, Glades Community Development Corporation, and Sugar Cane Growers Cooperative.

The presentation began with a video that revealed alarming statistical information involv-

ing today's youth. Over 25,000 children living in Palm Beach County live in poverty and thousands are labeled latch key children.

Club members David Sanchez, Shakeria Hamilton and Jose Garcia spoke about why they liked the Boys & Girls Club. Jose said, "I like the Boys & Girls Club because it's a fun place to go after school."

Shakeria loved music, homework help (Power Hour) and her teachers. David Sanchez

said, "I like the Boys & Girls Club because it's fun, exciting and safe." Other guest speakers were Mary O'Connor, executive director, John Herring, corporate board president, and Bill Carter, area director.

Mr. Carter said, "The clubs are serving 471 children per day with a staff of 26 employees. We're maxed out at all sites." When asked what the children do at the club, Mr. Carter explained that "all children participate in various activities from six basic core areas." They are personal adjustment, social recreation, citizenship and leadership, health and physical education, outdoor environmental educational and cultural enrichment.

The clubs operate from 2 to 8 p.m. after school, and from 7:30 a.m. to 5 p.m. on non-school days. There are clubs at Belle Glade, Gladeview and Rosenwald Elementary Schools. Special camps are offered during winter, spring and summer breaks. One year ago, they had one employee, no members, zero clubs and six board members. Today there are 613 members, 26 employees, three clubs and 15 board members.

Belle Glade Police Department's arrest blotter

The Belle Glade Police Department investigated 680 complaints the week of Nov. 13 through Nov. 19 and handled 21 crime scenes. Those arrested included:

November 13 - Olivia Butts, 35, aggravated assault on a law enforcement officer; Hector Flores, 20, false report to a law enforcement authority; Diane Daniels, 30, retail theft.

November 14 - Juvenile, 11, retail theft; Luis Hernandez, 28, violation of probation and failure to appear; Reginald McKelvin, 23, opposing and obstructing police.

November 15 - Atta Shatara, 29, aggravated domestic battery; Daniela Shatara, 19, aggravated domestic battery; Victor Joseph, 22, aggravated

domestic assault, aggravated domestic battery and domestic battery; Emmitt Crawford, 26, domestic battery.

November 16 - No arrests made.

November 17 - No arrests made.

November 18 - Nina Cardin, 36, throwing a deadly missile; Jason Peacock, 18, aggravated battery on a law enforcement officer; Willie Joe Hammond, 47, battery; Charles Henry Felton, 43, failure to appear on charges of burglary and possession of burglary tools; Juvenile, 16, strong

arm robbery, opposing and obstructing police by disguise, failure to appear.

November 19 - Kerry Evans, 23, exposure of sexual organs; Vontricia Collins, 21, domestic battery; William McClarin, 33, domestic battery.

The police news in this newspaper lists arrests, not convictions, unless otherwise stated. Arrested persons who later are found not guilty or have had the charges against them dropped are welcome to let us know. We will confirm the information and print it.

November 17-23 is Farm/City Week

Farm/City week will be observed across Florida and the nation from Nov. 17-23, 1995. Florida's 62 County Farm Bureaus will extend the hand of friendship to farmers and city residents alike at dozens of breakfasts, luncheons, farm tours, presentations for service clubs and at other special functions.

"For decades, Farm Bureau members have scheduled special events around the Thanksgiving holiday in observation of the partnership that exists between farmers and ranchers and the folks who live in cities," said Carl B. Loop, Jr., president of the Florida Farm Bureau Federation. "The purpose of Farm/City Week is to foster a better understanding between rural and urban people and to increase the knowledge and appreciation for each other's way of life."

Although farmers now make up less than 2 percent of the population, America continues

to have the most abundant, least expensive food supply in the world. Each farmer produces food and fiber for 129 people - 97 in the U.S. and 32 abroad. U.S. farmers and ranchers produce more than 200 raw commodities annually for domestic and export markets. More than 21 million people - 18.5 percent of the labor force - is employed in jobs in producing, marketing, and retailing agricultural goods. By the year 2000, agriculture is expected to generate 25 percent of the U.S. Gross Domestic Product.

Florida Farm Bureau Federation is the state's largest general-interest agricultural organization, with more than 110,000 member-families. It is an independent, non-profit organization made up of 62 affiliated county Farm Bureaus. Florida Farm Bureau is also affiliated with the American Farm Bureau Federation, headquartered in Park Ridge, Ill.

Pahokee Police Department arrest blotter for Nov. 12-18

The Pahokee Police Department made nine arrests the week of Nov. 12 through Nov. 18. Those arrested included:

November 12 - Tatia Boldin, 25, Pahokee, aggravated domestic battery.

November 13 - No arrests made.

November 14 - Juvenile, 15, Pahokee, disorderly conduct and resisting arrest by fleeing.

November 15 - William

Richardson, 24, Pahokee, warrant issued for violation of probation on charges of aggravated battery.

November 16 - Juvenile, 16, Pahokee, domestic battery, criminal mischief and resisting arrest; **Dorothy Vereen, 42**, Pahokee, retail theft and battery.

November 17 - No arrests made.

November 18 - No arrests made.

Keep up with all the local news.
Read The Sun newspaper!

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OPINION PAGE

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To voice your opinion on any subject, call *Speak Out* at 996-6636, 24 hours a day. Readers can use this special number to pose questions, voice complaints, express opinions or pat somebody on the back. Unlike letters to the editor, *Speak Out* is designed for anonymous expression of opinions. We edit calls for clarity, brevity, relevance and fairness.

Why the taxpayer?

"I say when you mess up your yard, clean it, and people do."

The sugar companies are paying \$300 million. So what? They and all farmers who use their land for business purposes should clean it up even if it costs \$800 million. They've been messing up for years and making big money and a darned good living.

They knew all along what they've been doing. I can't see people paying taxes to help clean up. They should clean up their own yard and leave us working folks alone who do not farm. We will clean our own yard."

Editor's note: I believe the issue is more complicated than you state. Farmers are not the only ones who contribute to pollution. Urban development also plays a part and we must all have an open mind to possible solutions.

Petti or petty?

"Good afternoon. I'm new to the area and I just started buying *The Sun*. I'm kind of disappointed in the paper for it to cost fifty cents. I've been reading some of the stuff in here. It's not so bad that it costs fifty cents but when you read the police records and stuff like that, you all don't even spell petty right. You have 'petti theft'."

Petty is spelled P-e-t-t-y. I would assume for a newspaper that is going to charge fifty cents for two little pieces of paper you all could learn at least how to spell petty. Thank you."

Editor's reply: Thank you for pointing this out to us. In the legal statute book petty can also be spelled p-e-t-t-i, but we didn't even get this right. From now on we will use the common spelling of petty. We hope you enjoy reading *The Sun* and we welcome you to the area!

Poll: Clinton is winning Florida

Dole/Powell Ticket is Powerful...The Perot Factor

If the election were held today, Nov. 13, Bill Clinton would beat Bob Dole in Florida, said a new poll conducted by the Florida Voter this weekend. Clinton garnered 49.7% of the vote and Dole gets 45.3%, including those leaning toward either candidate, with the remaining 5% undecided.

Conversely, when paired with Powell as Vice President, the Dole/Powell ticket surges to the lead. A Dole/Powell Republican ticket appeals to 50.1% of Florida's voters; the Clinton/Gore Democratic ticket is garnering 41.9% of the vote, with 8% undecided.

Three-Way Presidential Trial-Heat Results: Our hypothetical presidential trial-heat pitting incumbent Clinton, Republican challenger Bob Dole and self-described crazy Texas billionaire Ross Perot:

Bill Clinton	43.0%
Bob Dole	38.4%
Ross Perot	13.1%
Undecided	5.5%

Republican Presidential Primary Results: Dole leads by a wide margin in the Republican Presidential Primary field, other hopefuls with their individual results follow:

Bob Dole	49.5%	Phil Gramm	8.5%
Pat Buchanan	5.2%	Lamar Alexander	4.8%
Richard Lugar	3.2%	Steve Forbes	1.2%
Arian Specter	1.2%	Bob Dorman	0.8%
Allan Keyes	0.8%	Merry Taylor	less than 0.1%
		Undecided	24.7%

These results are from a survey conducted by the Florida Voter with 615 registered Florida voters Nov. 8-12, 1995. The margin of error for the entire survey is plus or minus 4%. For the sub-sample of Republicans, the margin of error is plus or minus 6.4%.

The Florida Voter, an independent publication, analyzes the results of Florida's first bi-monthly survey of registered voters.



About letters

To voice your opinion about Glade's issues, or to respond favorably or unfavorably to articles printed in the paper, we encourage you to write us a letter. Send to:

THE SUN
417 N.W. 16th Street #6, Belle Glade, FL 33430

417 N.W. 16th Street • Suite 6
Belle Glade, FL 33430 • (407) 996-6636

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We pledge...

- To operate this newspaper as a public trust.
- To help our community become a better place to live and work, through our dedication to conscientious journalism.
- To provide the information citizens need to make their own decisions about public issues.
- To report the news with honesty, accuracy, purposeful neutrality, fairness, objectivity, fearlessness and compassion.
- To use our opinion pages to facilitate community debate, not to dominate it with our own opinions.
- To correct our errors, and to give each correction the prominence it deserves.
- To provide a right to reply to those about whom we write.
- To treat people with courtesy, respect and compassion.



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Buffy Chapman...Staff writer
Michele Burkett...Office Manager
Paula Whitehead...Ad director/Co-op sales
Penny Lester...Advertising Sales
Lee Lewis...Graphics

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"FIELD GOAL, GOOD... FIELD GOAL TRY, NO GOOD...
FACE MASK... OFFSIDES, DEFENSE...."

Guest Commentary

Consumers may benefit from mediation in settling disputed insurance claims



If nothing else, the busy 1995 hurricane season has made us all more aware of how vulnerable our homes and other property are to a catastrophic storm.

That vulnerability is the price we pay for living in this semitropical paradise called Florida.

But, when a natural disaster does strike, the last thing any of us want to deal with is a dispute over property insurance claims.

During the hurricane season that ends Nov. 30, as in past seasons, many homeowners faced the unhappy prospect of a costly court battle that threatened to reduce substantially the money available for needed repairs.

However, there is an alternative. The Florida Department of Insurance offers a mediation program to help settle disputes over property damages or losses. In addition to this regular

mediation program, which is available regardless of whether the losses are storm-related, the department also is authorized to adopt special mediation rules for a particular emergency, such as the recent hurricanes Erin and Opal.

Mediation by a neutral party can save time, money and efforts for policyholders and insurance companies alike.

It's a nonbinding process in which the neutral third party helps the company and the policyholder reach agreements over insurance claims. If an agreement is not reached, neither the insurer properly owner nor the insurance carrier is legally obligated to accept the proposed settlement.

Under our state program, any policy holder may request mediation for a property damage claim when the amount in dispute is \$500 or more, not including the deductible. Policyholders may request mediation any time before the beginning of the appraisal process described in their policies or before filing lawsuits.

When a mediation conference is scheduled, policyholders should bring all claims-related documents including: their complete policies, photographs, estimates, bills, reports, letters and other papers.

Policyholders also should bring specific dollar estimates for all claim items in dispute, and may invite any experts —

such as contractors, architects, roofers, appraisers or adjusters — who can help justify their claims.

Some people confuse mediation with arbitration, which usually involves a binding decision by one or more judges or experts who also are neutral parties. Consumers should check their policies to see if arbitration is possible.

The state mediation program excludes commercial and liability coverage claims. Policyholders working at home may pursue mediation only if they hold personal property of homeowners' policies.

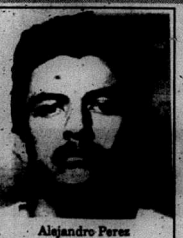
The program includes mediation for damages or losses to boats or personal watercraft covered under personal policies. A separate mediation program is available for disputed automobile insurance claims.

Policyholders may call our Insurance Consumer Helpline (1-800-342-2762) for free brochures on the Property Insurance Mediation Program or the Automobile Claims Mediation Program.

An insurance specialist at this number also can provide additional information on these permanent programs, on any emergency rules that may be adopted for a particular storm such as Opal or Erin, or on any other insurance issue.

Bill Nelson is Florida's State Treasurer, Insurance Commissioner and Fire Marshal.

Crimestoppers



Alejandro Perez

Crime Stoppers of Palm Beach County, Inc. is asking for your help in locating Alejandro Perez.

He is wanted for violation of probation on charges of aggravated assault with a deadly weapon.

Perez is 5'5" tall and weighs 150 pounds. He has brown hair and brown eyes.

Perez has tattoos on his hands and arms. His Social Security number and address are unknown. His birth date is listed as Jan.

4, 1976.

His last occupation was in construction. His warrant was active as of November 7, 1995.

If you know the whereabouts of Perez, or anyone involved in a serious crime, call Crime Stoppers, 1-800-458-8477.

You do not have to give your name. Remain anonymous and receive a cash reward if your tip leads to an arrest or recovery of stolen property.

Senator Rossin to hold office hours in the Glades

One of Senator Tom Rossin's Legislative Assistants will be holding office hours in the Pahokee City Hall on Thursday, Nov. 30, from 10 a.m. to noon.

Area residents are encouraged to come in to discuss issues that are of concern to them.

Senator Rossin or a member of his staff are available the last Thursday of each month at

City Hall from 10 a.m. to 12 noon.

The Senator and his staff welcome your calls at (407) 837-5400 for more information.

Department of Juvenile Justice offers access on the Internet

Secretary Calvin Ross announced today that the Florida Department of Juvenile Justice has established a home page on the Internet's World Wide Web to enhance communications with citizens.

According to Secretary Ross, with a page on the Web, user's world wide are able to see the type of services provided by Florida's newest criminal justice agency created to specifically address the issue of juvenile delinquents.

The new Internet site is designed to serve, in effect, as

an "electronic sub-station." It includes service-related information as well as a comprehensive collection of crime prevention advice.

The Florida Department of Juvenile Justice's home page may be reached through:

<http://legal.firn.edu/state/djj>

The home page includes a menu of links for information covering such topics as the department's mission, commitment programs, continuum of services, staff directory and listing of the district juvenile justice managers. The site also

includes a series of tips for citizens on how they can protect themselves from becoming a victim of a crime.

The Internet site operates at no cost to the Department of Juvenile Justice through a program developed by the Office of the Attorney General in cooperation with Florida's law enforcement community. Under the program, the department's home page is stored in a computer at the Office of the Attorney General and maintenance programming is performed by the state.

Living Christmas Tree is Dec. 2

Celebrating the joy of the Holiday Season, the annual LIVING CHRISTMAS TREE program will be presented Saturday, Dec. 2 at 7 p.m. and Sunday, Dec. 3, at 3 p.m. at the Dolly Hand Cultural Arts Center located at the "Fabulous" Glades Campus of Palm Beach Community College in Belle Glade.

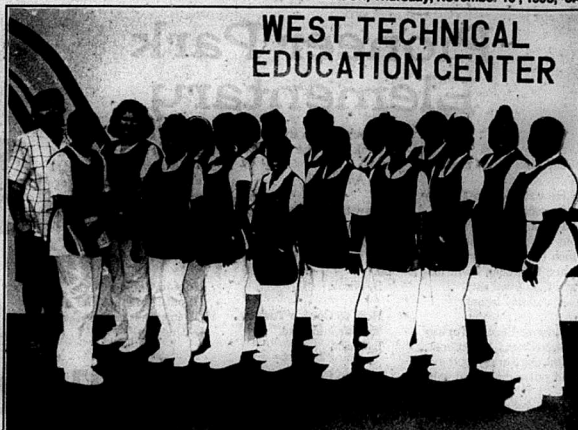
Featuring both an adult and children's choir, this unique production has just the music to get you in the holiday mood.

It is called a "living" Christmas tree because the choir members, richly costumed in red and white, sing from a four-level tree on stage. Over 50 mem-

bers of this community choir, directed by Carol Schmidt, will present a variety of holiday music.

The Children's choir, directed by Becky Watson, recruits students from schools throughout the Glades. It all adds up to a great performance. Reserved seat tickets are \$2 and are available from the Dolly Hand Cultural Arts Center Box Office Monday thru Thursday from 10 a.m. to 4 p.m. A gift from the people of the Glades to the community. The Living Christmas Tree is one show not to miss.

For more information, contact the Dolly Hand Cultural Arts Center at 407-992-6160.



West Technical Education Center honored students with perfect attendance recently. Just one of the groups honored were the class members for the Patient Care Assistant program. For their names and more honorees, see page 2

Blood drive set at two locations

The Palm Beach Blood Bank Bloodmobile is permanently stationed in the Lake Okechobee area to visit groups and organizations in Western Palm Beach County. The bloodmobile visits Hendry General Hospital at 500 West Sugarland Road, Clewiston, FL 33440, every third Monday of each month from 12 p.m. to 8 p.m.

Special arrangements can be

made for individuals or groups who wish to donate, but are unable to do so during regular hours. The western Palm Beach Blood Bank drives are at various locations each week. All drives are open to the public.

The Palm Beach Blood Bank offers free blood cholesterol level screenings for all donors. Now saving someone else's life could add years to your own.

For more information, please call (813) 983-8855 or (407) 930-0933 to hear weekly updates on blood drives in your community.

Thursday, Dec. 7 - U.S. Corralite, Belle Glade, 8 to 9:30 a.m.; Tuesday, Dec. 12, Okeelanta Corporation, South Bay, 7 a.m. - 12:30 p.m.

Note: All drives are subject to change without notice.

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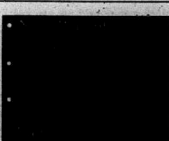
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Pioneer Park Elementary



Kindergarten through Third grade

How to Cook a Turkey
Ingredients: Directions:
I cook a turkey in a pit. I pet the loon on the turkey then I bake in the oven, then when it is done I will toss it and then I will eat.
By Johnny Inman

How to Cook a Turkey
Ingredients: Directions:
Put the Turkey in the oven and put pepper and salt on it.
By Rayshea Garvin

How to Cook a Turkey
I will put it in the pan. I will Fry it. I will put it in the oven and cook it. I will put salt on it. I will pepper it. I will bake it in the pan.
By Nickita Brown

How to Cook a Turkey
Ingredients: Directions:
Put the turkey in the oven, then put pepper and salt. Then bake the turkey and roll it up, pepper and salt it, then roll it up.
By Raquel Benjamin

How to Cook a Turkey
1. Put the turkey in the oven.
2. It will cook in time.
3. It is hot to eat.
By Darrenisha Loney

How to Cook a Turkey
Ingredients:
I can put chicken dressing and pepper. I can put salt. I can roll it up but put it in the oven. Then cook it. Now it is cooked.
By Martine Charles

How to Cook a Turkey
Ingredients: Directions:
You put season in and you need to put salt in it. You need onions that taste bad.
Directions:
You need to roll it up and put it in the oven. Cook it in a pot. Now it is good.
By Garlis M. Brown

How to Cook a Turkey
Ingredients:
You need a pot. Then when you get a pot, you put the turkey in it then you wait like ten minutes and put pepper and salt on it and then you start to eat.
By Jose James

How to Cook a Turkey
Buy it first. Take the plastic off. Cook it in the oven and put it on a plate. Put it on the table. People come.
By Antwanette

How to Cook a Turkey
I would cook the turkey in the pot. You boil it with water. You put salt, and hot pepper. Then you eat it. You eat his leg first then his body.
By Tony

How to Cook a Turkey
Buy it. Hot pepper and salt and sugar.
By Deandra

How to Cook a Turkey
You go to the store and buy it then you take it home. Then you put hot water in the pot and wait for it to boil. Then you put the turkey in. Put hot pepper, salt, and grease. Then you put it in the oven and turn on the oven red light and let it cook. When it gets finished you take it out and you eat it. You put it on the table to wait for the people to get here. Then you eat it with your family.
By Jeffery

How to Cook a Turkey
Cook it in the stove then eat it.
By Antwan

How to Cook a Turkey
The day before you could put it in the pot and you put it on the stove. Then you go eat.
By Nicola

How to Cook a Turkey
You stir it around.
By Keion

How to Cook a Turkey
You clean it and wash it then cut it and put it in a pot and cook it. You put it on a plate and put some salt on it and chop it up and eat it.
By Shameka

How to Cook a Turkey
You cut it and you fix it in the stove. Then you put it on a plate.
By Victor

How to Cook a Turkey
Put the turkey in the stove. Cook it. Take it out of the stove and eat it with you and your family.
By Jocelyn Philibert

How to Cook a Turkey
1. Cut on the stove.
2. Put some water in the pot.
3. Put the turkey in.
4. Wait until it cooks.
5. When it gets finished, say your grace.
6. Then eat it.
By Mercedes Stretcher

How to Cook a Turkey
Cook it until it's done, then eat it.
By Thovwitin

How to Cook a Turkey
Put the turkey in a pan and cook it. Put water in the pot. Salt and pepper. Take out of the oven and slice it and eat it.
By Donashika Johnson

How to Cook a Turkey
Put the turkey in the oven. Then you turn on the stove. You eat it. You eat it and have a Thanksgiving turkey.
By Sherree Peterson

How to Cook a Turkey
Cook it in a pot.
By Shantoria Rivers

How to Cook a Turkey
Cook it in a stove. Cook it in the microwave. Cook it in the oven.
By Yvard Rya

How to Cook a Turkey
Clean it. Cook it. And eat it.
By Carl Morrison

How to Cook a Turkey
First you wash it and then you put it in the pot and then you put it in the oven when you get done, you eat it.
By LeanShenes Roker

How to Cook a Turkey
Cook it in the oven for dinner.
By Curteka Edwards

How to Cook a Turkey
You get the turkey. You cut it up. You cook it.
By Ventresica Robinson

How to Cook a Turkey
You place the turkey in a bag. Put it in a pan and cook it and take it out of the bag and cut it and eat it.
By Stephanie Dixon

How to Cook a Turkey
First you clean it out. Then you put it in a pan and the oven. Then when it gets through, take it out and then you put it in the middle of the table. You cut a piece and taste it.
By Eroya Moore

How to Cook a Turkey
First you clean it out. Then you put it in a pan and the oven. Then when it gets through, take it out and then you put it in the middle of the table. You cut a piece and taste it.
By Eroya Moore

How to Cook a Turkey
I'd put it in a pot and cook it. Then cook it on the stove.
By Quentin

Belle Glade Elementary

Kindergarten through Third

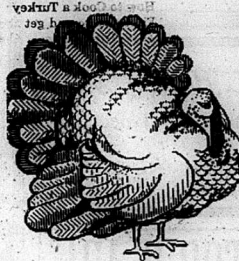
How to Cook a Turkey
I would get his neck and put it down. I would give it to momma. After she is finished with him, we eat him!
By Juan Carlos Benitez

How to Cook a Turkey
I would bake it and cook it!
By Craig Knowles

How to Cook a Turkey
Take chips and break them up into little pieces and put a little water in them. Put in the turkey. Put a little cookies in it. Put it in the stove and take it out and eat it.
By Lee Jones

How to Cook a Turkey
Put it in the stove and you eat it!
By Vanessa Anthony

How to Cook a Turkey
Put it in the oven. Take it out, save it for later!
By Sasha Smith



Kindergarten through Third

How to Cook a Turkey
First you put in a pot. Then you wash the turkey up. And then you bank it. With onion saley and bell pepper and inteh oven to bake. Let it bake for 2x.
By Lashawnda Woolley

How to Cook a Turkey
First you take the turkey and wish it. Season the turkey. Bake the turkey. Eat the turkey.
By DeMarcu Dixon

How to Cook a Turkey
First you take the turkey and you wash it. Then you put it in pan and when it is redd. Then you can eat the turkey.
By Kerrowillio Toussaint

How to Cook a Turkey
You put it in a pan and use black pepper and season salt. You put it in the oven and let it roast till it gets done.
By Crystal Seider

How to Cook a Turkey
You go to the store and buy a turkey. Then you put him in water then you wash him and you wash him.
Then you season it and put it in the oven. Then you put it on the table. Then you eat it.
The end.

How to Cook a Turkey
You shoot him. You put him in the oven, then put him in the microwave. Put him in the refrigerator. Then he will be ready to eat.
By Antione Bulter

How to Cook a Turkey
Put the turkey in the pot then put it in the oven and cook it. Then you eat it!
By Archnet Ruffin

How to Cook a Turkey
I would fix it in a pot. I would put it in the stove. I would open it up and put it in the microwave. Then I eat it.
By Joykeria Pittman

How to Cook a Turkey
Put it in the oven. Put lots of stuff fall around the bowl. You cook it! and then you eat it!
By Lauren Nodal



Glade View Elementary

How to Cook a Turkey
The best way to cook a turkey is to boil it. Teh bake it about 145 minutes to 150 minutes.
I put pepper and salt on the turkey then I put it on the stove and let it cool it's ready to eat.

How to Cook a Turkey
First I go to the store. Then I put it in a pan. We put it in the oven. I let it stay to 1 p.m. Then I take it out. I put some salt, then some pepper. Then we eat.
By Jarvaris Pete

How to Cook a Turkey
You go to the store. You buy a turkey. Now you are home. You put the turkey in a pan. Put salt, pepper, onions, celery and garlic on it.

How to Cook a Turkey
You know how to cook a turkey? I do.

How to Cook a Turkey
You put it on a pan. Put it in the stove. Let it stay for a while. Take it out. Get one of those squeeze things and squeeze up the juice that's on the turkey. Then squeeze it back on.

How to Cook a Turkey
Put it back in. Let it stay in for a while. Take it out and when you are about to eat, it will have a cracking sound when you eat it.
By Soila Konchellah

How to Cook a Turkey
You go to buy it and then you come home and you go to the kitchen and put it in the sink to rinse it and then you put it in the pan and you put it in the oven and put it on for 200 minutes and then it's done and put it on the table then we eat.
By Erica Knight

How to Cook a Turkey
You go to buy it. You wash it after you buy it. Then you clean it and put it on the stove. Let it cook. Sing a song to it. Let it cook for 300 minutes then we eat.
By Miteria Smith

How to Cook a Turkey
I will go to the store and buy one turkey. And go home and put it in the oven. When it gets feeling done I will take it out and eat it, me and my family.
By Shantoria Salter

How to Cook a Turkey
First you boil the water. Second you put the turkey in the pot. You put it in the microwave. You put some salt on it. And then you eat it.
By Norris Archer

How to Cook a Turkey
You can go to the store and buy the turkey.
You cook the turkey and put him in the oven and the turkey run out the oven. The people run out the door.
By Joquanda Kent

How to Cook a Turkey
To cook a turkey you will have to buy one from a store. Clean it out with some clean water.
Then put it in a pan for 15 minutes put the degrees on 250.
When it is finished you will have to stuff it up. Then you can eat it.
By Sherhonda Fevrier

How to Cook a Turkey
First you have to go to the store and buy it. Put it in the oven and put a lot of dressing on it.
Pull it out put some onion around it. Put some salt on it. Put it in the pressure cooker. Wait a minute and your turkey is done.
By Kendall Thompson

How to Cook a Turkey
First you put it in a pan. Then you put some salt and pepper. Then you put the over on low.

How to Cook a Turkey
Then get up in the morning. It will be finished.
By Billy Spear

How to Cook a Turkey
This is how to make a turkey. First you put the season on the turkey. Second you put it in the pot. Let it get arm. Third you put the turkey in the oven and let it get hot and when it gets done you can eat a Thanksgiving dinner and sit down and eat a great big turkey.
The end.
By Natasha Morgan

How to Cook a Turkey
First you buy a turkey. Then you take it out of the bag. Then you put it in the pot. Then you put seasoning on it. Then you put it in the oven 5 minutes. Last you eat it.
By Jacob

How to Cook a Turkey
Do you know how to make a turkey? I know how to make a turkey. You buy the turkey. Take it to your house.

How to Cook a Turkey
First you take the feathers off and then you cook it in the stove. Then you eat it.
That is it. The end.
By Juan

How to Cook a Turkey
First get a turkey. Pull the feathers off. Squeeze the blood out of the skin. T Barbeque. Mmmmm good.
By Pane Kircheman

How to Cook a Turkey
First you buy a turkey and then you wash it. Second you pull it out the guts. Then you put it in a pan and put it in the oven for 2 minutes. Last you eat it.
By JC

How to Cook a Turkey
My favorite food is turkey. This is how I cook one. First, you buy it at the store. Then, you take it out of the bag. Then, you put it on the stove.
By Jose James

How to Cook a Turkey
First you hop in and go to the meat get some meat. G Dixie and get it. That's all you when you season the oven and when it's off it'll be fresh. I hope you have Thanksgiving.
By Charkia Gibbs

How to Cook a Turkey
You buy the turkey. Then you cook the turkey and stuff the turkey. Then you eat the turkey. Then you eat the turkey.
By Norris Roder

How to Cook a Turkey
First you cook the turkey and you put it in a tom when the tomato is you put in the turkey and the tomato turkey are finished by Manrielo Caster

How to Cook a Turkey
I could cook a turkey. That's what my does. Then eat it.
By Ja Shad

How to Cook a Turkey



How to Cook a Turkey
You catch a turkey then you got to roll to cook and then you eat it.
By Jose Hurtado

How to Cook a Turkey
First we go to Winn Dixie to buy the turkey. Then we wash it and pull out the guts. Next we season it and turn on the oven at 350°. We stuff the turkey and place it in a baking bag. Finally we put it in the oven for three hours. When it's done, we eat it.
By Jesus

How to Cook a Turkey
My favorite food on Thanksgiving is turkey and sandwiches. First I buy it then I wash it. After I wash it I take out the guts. After I take out the guts, then I put it in the oven after that. I season it then I cook it for two hours. Then I take it out of the oven and eat it. The end.
By Dairrell

How to Cook a Turkey
My favorite food on Thanksgiving is turkey and dressing. This is how you cook it: First you buy it then you wash it. Third you pull you the guts. Fourth you put it in the pan. Next you put it in the oven. Then you have to turn on the oven. Last you have to let it stay in for four hours. And finally you eat it.
By Courtney

Elementary

mentary

Then you take the turkey and stuff it. Then the turkey and bake it.
Then you take the turkey and eat it.
By Mercedes Taylor

By Erica Charez

it.
The end.
By Fratrika Garrett

By Oscar

How to Cook a Turkey


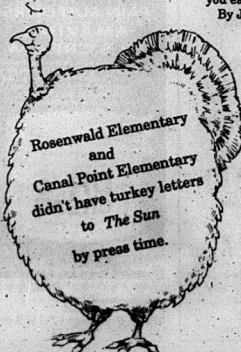
1. You put it in the oven.
2. You put salt on it.
3. You put pepper on it.
4. You turn the oven on.
5. Wait 10 minutes.

By Karen Lopez

Rosenwald El
and
Canal Point I
didn't have tu
to Th
by prea

By Ginnie Lynn Anderson

By Brandon Painter

A cartoon illustration of a turkey. The turkey has a large, fan-like tail with many feathers, a small head with a beak, and two legs. It is standing on a small patch of ground. The drawing is simple and stylized, with a focus on the turkey's tail and head.

Obituaries

Johnson

Betty Sue Johnson, 50, of Belle Glade passed away Saturday, Nov. 18, 1995 at Glades General Hospital. Betty was born in Rogers, Arkansas and had been a resident of Belle Glade for many years.

Betty is survived by her sons - Ralph Daniel Johnson of Erwin, Tenn., Terry Alan Johnson of Belle Glade, and Randy Dale Johnson of Belle Glade; mother, Nora Sue Kirkland of Belle Glade; brothers - Vernon Varnell of Albertsville, Ala., and Alton Don Varnell of Clewiston; sister, Sandra Fay Medley of Gadsden, Ala.; and three grandchildren.

Graveside services were held on Tuesday, Nov. 21, 1995 at Port Mayaca Cemetery, Port Mayaca, Florida.

In lieu of flowers, the family wishes that donations be made to Hospice of Palm Beach County, Golden Glades Team.

Arrangements were made by Mixson Funeral Home, Belle Glade.



Pilgrims for a day!... Pictured above are Eustis and Marie Blackwell who greeted church members Sunday morning.

Pilgrims came to Canal Point United Methodist Church for Sunday's Worship Service

Pilgrims greeted those who attended the Sunday Morning-Worship service at the Canal Point United Methodist Church.

Eustis and Marie Blackwell greeted the church family, before the worship service, dressed in authentic Pilgrim costumes from historic Williamsburg, Virginia.

The Canal Point United Methodist Church also hosted the Pahokee-Canal Point Ministerial Association's Community Thanksgiving Worship Service on

Wednesday evening, Nov. 22. At this time, the Blackwells greeted the entire community, in Pilgrim attire, reminding them again of another day and time, when it was a most important part of life to give thanks to God for His many blessings. The canal Point United Methodist Church has been celebrating its 75th Anniversary throughout this year, with many special events. They continue to thank God for His faithfulness to them throughout their history.



Debra Jean Campanola and E.R. "Skipper" Bowles

Campanola and Bowles to wed

Mr. & Mrs. Frederick Campanola of 117 Thimbleberry Rd, New York, and Mr. & Mrs. Robert Bowles of Rt. 3, Box 56, Mt. Gilead, North Carolina, are please to announce the upcoming wedding of their children, Debra Jean Campanola to E.R. "Skipper" Bowles.

The bride-elect, Debra, is a graduate of Delaware Academy in Delhi, NY, and also Stetson University. She is currently employed at Pioneer Growers Cooperative.

The bridegroom, E.R., is a graduate of Belle Glade High School and is currently employed at Pioneer Growers Cooperative. The wedding is planned for Spring, 1996.

Birth Announcement:

Kent & Lynette Connell of Belle Glade are proud to announce the birth of their baby girl, Shelby Alyce Connell.

Shelby was born Oct. 20, 1995 at St. Mary's Hospital. She was 19 3/4 inches tall and weighed seven pounds five ounces.

Shelby's Maternal grandparents are Johnny & Pat Hood of Belle Glade and Judy Carter of Seattle, Washington.

Shelby's Paternal grandparents are Rodney & Joanne Connell of Belle Glade.

Great grandmother is Dorothy Rowe of Seattle.

"She's very special to us! We're proud to have her."



Shelby Alyce Connell

Children's Book Week at Belle Glade Elementary

Belle Glade Elementary celebrated children's book week on Nov. 13 - 19. The theme for the celebration was "Read to the Future." Each class was represented by a space ship hanging from the media center ceiling. Each time a student visited the media center during the week a sticker was placed on their spaceship. We also had a "Design a Read to the Future Spacecraft Contest." The winner of the contest was Mrs. Zarra's Fourth grade class. In addition to these activities, students received special book-marks and activity packets during the week.

In conjunction with children's book week and open house, Belle Glade Elementary distributed RIF books.

Reading is Fundamental is the nation's oldest and largest non-profit children's literacy organization. With RIF's guid-

ing principle in mind-The best way to help children become readers is to involve them early and often with books and reading. Belle Glade Elementary gave each student a book free of cost. This year RIF is reaching some 3,000,000 children at 15,000 sites through its network of 152,000 volunteers.

Educators, parents, service clubs, business people and other committed adults.

Food For Families

Belle Glade Elementary's students and staff have done a fantastic job as usual. This year they collected 980 pounds of food for Channel 5's Food For Families Drive.

Mrs. Crawford, Red Cross Club Sponsor, would like to thank Belle Glade Elementary's families for caring enough to share.

Patience, and shuffle the cards.

—Cervantes

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Glades Women recognized

By Elsie Singletary

The Glade Ebonyque Ladies of Pahokee honored several women of the Glades.

This recognition took place at it's "After Five Salute to Women of Color", Saturday, Nov. 18, 1995 at 5 p.m. in the School of Choice Cafeteria.

Diane Walker presided over the ceremony and Evangelist Delores Powell was the dynamic speaker.

Among the women that were saluted were: Ms. Angela Bess of St. Andrew A.M.E. Church, Pelican Lake, with Rev. I.F. Pelican pastor; Annie Rose Collins of New Macedonia M.B. Church with Rev. John H. Barrett pastor; Ms. Angeline Folston of Bible Church of God

with Rev. George Jackson pastor; Ms. Henrietta Johnson and Ms. Juanita Maybin, both of Greater New Hope M.B. Church; Evangelist Delores Powell, pastor, of Pentecostal Miracle Revival Center in Pahokee; Ms. Janie Sutton of Shiloh M.B. Church with Rev. Larry White, pastor; Ms. Elsie Singletary of St. James A.M.E. Church with Rev. James Rosier, Jr. Pastor.

The ceremony was beautiful and dinner was delicious. After Five Fashion Extravaganza was wonderful.

Bride Margaret Edwards was beautiful. The occasion was fantastic!

Hats off in salute to the Glades Ebonyque Ladies Club.

HIPPY's Thanksgiving program was held Nov. 15

The Division of Head Start and Children Services of Palm Beach County HIPPY Program held their Thanksgiving program and dinner on Nov. 15, 1995 at 7 p.m. at Palm Glades Club House.

The program was an exciting and successful one. Approximately 90 people attended the special event presented by the HIPPY children and parents.

A special song of "I Believe the Children Are Our Future" was sang.

The HIPPY staff would like to send a special thanks to the HIPPY parents. Keep up the good work.

Hats off to the HIPPY Herds: Richard Allen, Richelle Allen, TuKarma Alexander, Tushama Alexander, Loranaher Barnes, Anthony Benjamin, Laverna Burton, Glen Carrington, Altavious

Carter, An Terrica Clark, Aaron Gary, Tommy Gilbert, Aquasha Graham, Myron Gary, Dennis Hall, Tynesha Hickman, DanKerria Hodges, Sherrick Jenkins Jr., Courtney Johnson, Carl Kendall, DeJoushuz King, Jacobinisha King, Lakevia Laws, Shirkara Lammons, Anthony Lendale, Shantae Matthews, James Minus III, Shaquantaye Odums, Coty Polk, Tynisha Polk, Andranisha Powell, Kieva Ramsay, Devin Robinson, Deontye Scott, Stephandra Thomas, Eathon Whitfield, Markavious Williams, Michael Williams, Nathiel Willis, Termaine Yarnas, Anthony Williams, Tevisha Martin, Irma Woods, HIPPY Coordinator Adelle Beckford, Idell Clark, Felicia McDonald, and Parent Educator Patrice Thompson.



HIPPY Parent Participation winner!... Pictured above are Irene Soriano and Coordinator Lorrie Moore.

HIPPY parent receives award

HIPPY parent, Mrs. Irene Soriano, was chosen as 'parent participation winner' this month at Rosenwald Elementary. This is Mrs. Soriano's first year with HIPPY. She and her child, Martin, are excited to be in the HIPPY program.

Mrs. Soriano explains that Martin is very enthusiastic when it is time to do the daily activities, and she as well because she knows he is learning skills and concepts which will help him in his early school career.

Congratulations Mrs. Soriano! It is dedicated parents like you who make the HIPPY program the success that it is.

Officer Robert Drake spoke to HIPPY group, Nov. 16

Rosenwald Elementary's school cafeteria was filled to capacity with HIPPY parent on Thursday, Nov. 16. The speaker for the evening was Officer Robert Drake of the South Bay Police Department. His topic: "Parents' Teach Your Children Safety Tips" was well-received by the HIPPY parents. It was an honor to have Vice Mayor Basil Anderson joining the families for the evening.

Children made beautiful

hand turkeys. Parents and children together made a pine cone turkey decoration to display on their holiday tables.

Mrs. Moore, Coordinator, and parent educators presented each of the HIPPY families with a gift certificate for a holiday turkey.

The next meeting will be held on Thursday, Dec. 14 at 7 p.m. in Rosenwald Elementary's school cafeteria. The public is invited to join the HIPPY families of South Bay.

Swedish Weight Loss Surprises Researchers

Sweden-After many scientific studies, Banta was developed by Vita Source with the assistance of the U.S. Government. After extensive testing with amazing results, Banta is now available in this country. The unique ingredients of Banta are proven to burn fat, decrease appetite, and increase lean muscle tissue.

Gary, P. of Santa Barbara, California stated, "I lost 11 pounds within three weeks. I feel much better and definitely have more energy." Thomas S., a Pharmacist from San Diego wrote, "I

started Banta weighing 215 pounds and lost 20 pounds in 2 months. Incredibly 1 lost inches in all the right places."

In an interview with the Vice-President of Vita Source, "Letters from consumers telling us about their wonderful results have been so positive and overwhelming, we guarantee Banta to work. The only difficulty we have is keeping our stores in stock." Banta is available at most K-Mart Pharmacies including:

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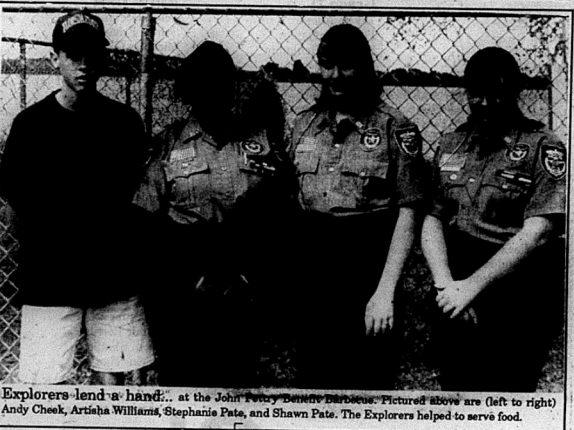
Wed - Fri - Sat - Sun



How about some turkey baskets?... Pioneer Park Elementary school's faculty and students donated over 30 Thanksgiving baskets of food to needy families of children who attend their school. Pioneer Park has participated in this Thanksgiving endeavor for 10 consecutive years in a row. Pictured above are Fine Arts Teacher, Bonnie Saunders (front); Quiet Study Room Director, Geraldine Perkins (left); Physical Education Specialist, Bud Hersey (middle); and Parent Advocate, Edna Stephens (right).



Surrounded by turkeys!... Dr. Harland and staff donated turkeys to needy residents of the Bel Glade Community, Nov. 21. Pictured above, showing their holiday spirit, are (front row, left to right) Vanessa Freeman, Janel Austin, Neicy Menendez, Christina Pedraza, and Tracy Turner, (back row, left to right) Tonya McRae, Dr. Earnie Riggs, and Dr. Martin Harland. Not shown are staff members Felicia Vickers and Dr. Pedro Sanchez.



Explorers lend a hand... at the John Petty Benefit Barbecue. Pictured above are (left to right): Andy Cheek, Artisha Williams, Stephanie Pate, and Shawn Pate. The Explorers helped to serve food.

Rosenwald has Fall Read-A-Thon

What a wonderful day of fun-filled reading activities. The activities were from Pre-K thru 5th grade.

Pre-K: Ms. Sledge - The story "Harry the Dirty Day"; Mrs. Swain - making ghost figures using different textures; Mrs. Lopez - The story "Jack O' Lantern's Scary Halloween"; Mrs. Graham - making snacks with apples and peanut butter; Mrs. Anderson - "Brown Bear" rhyme and "Bear's Bargain" story; Mrs.

Cullum - The story "The Trouble with Mom".

Kindergarten: Mrs. Costy - Song, puppet making and "Skin and Bones"; Mrs. Garton - Dramatization of song "Skin and Bones"; Mr. Davis - making "Trick or Treat Bags".

First grade: Mrs. Boone - Poem, Pumpkin - Where's the Pumpkin; Mrs. Clarke - decorating Halloween cookies, and story "Joey and Jack O' Lantern; Mrs. Carney - water painting charac-

ters of 5 Little Pumpkins.

Second grade: Mrs. Larrimore - story, Monsters Golden Horse; Ms. Alexander - Puzzle, and Garfield's Tales of Mystery; Mrs. O'Fallon - song, Five Little Pumpkins.

Third grade: Mrs. Conklin, Mrs. Loggins and Mrs. Ellison - making Dog Hair Stew to coincide with the story Halloween Bingo.

Fourth grade: Mrs. Bolden - story, Biggest Pumpkin Ever and artistic rendition; Mrs. Challancin

- story, The Sensational Sanburg-
er, Mr. Bowie - drawing Hal-
loween Pumpkin and ghost poem,
13 Days of Halloween.

DOP and Fifth grade: Mr. Thomsen - Ghost Story Treasures; Mr. Golson - Assignment Trouble.

Mrs. Adams - 12 Days of Halloween, song; Mrs. McClendon Friendly Monster following direction activity

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425 Canal St. S.
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

CHRISTIAN CHURCH OF BELLE GLADE
Rev. Robert Mott
Sunday School 9:00 A.M.
Church Service 11:00 A.M.
Evening Service 7:00 P.M.

CHOSEN MISSIONARY CHURCH OF BELLE GLADE
Rev. Robert Mott
Sunday School 9:00 A.M.
Church Service 11:00 A.M.
Evening Service 7:00 P.M.

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CHOSEN MISSIONARY CHURCH OF BELLE GLADE
Rev. Robert Mott
Sunday School 9:00 A.M.
Church Service 11:00 A.M.
Evening Service 7:00 P.M.

CHURCH OF GOD OF BELLE GLADE
Rev. Robert Mott
Sunday School 9:00 A.M.
Church Service 11:00 A.M.
Evening Service 7:00 P.M.

CHURCH OF GOD OF BELLE GLADE
Rev. Robert Mott
Sunday School 9:00 A.M.
Church Service 11:00 A.M.
Evening Service 7:00 P.M.

CHURCH OF GOD OF BELLE GLADE
Rev. Robert Mott
Sunday School 9:00 A.M.
Church Service 11:00 A.M.
Evening Service 7:00 P.M.

EVERGLADES

PRESBYTERIAN CHURCH
500 E. 1st St. S. Palm
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.

FIRST BAPTIST CHURCH
Rev. Craig Hartung
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.

GREATHER ST. PAUL CHURCH OF GOD IN CHRIST
Rev. Clarence Brown - Pastor
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

HARTMAN MISSION OF THE FIRST BAPTIST CHURCH
Rev. J.P. Ford - Pastor
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

MT. ZION A.M.E. CHURCH

823 S.W. Ave. C & Corner of 100th St.
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

NEW BETHEL BAPTIST CHURCH
1101 W. W. St.
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

ST. JOHN FIRST BAPTIST CHURCH
400 S.W. 8th St.
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

ST. JOSEPH EPISCOPAL CHURCH
225 N.W. Ave. G
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

WORSHIP CENTER

HOLINESS CHURCH
1424 W. Canal St. S.
Rev. Aaron Patey
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

CANAL POINT BAPTIST CHURCH
107 1st St. S.
Pastor James A. Bennett
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

METHODIST CHURCH
100 2nd St. S.
Rev. Jackie McMillan
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

FELLOWSHIP CHURCH
541 Perkins Ave. S.
Mabel L. Cline
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

BIBLE CHURCH OF GOD

831 Randall Ave.
Rev. Robert L. Banks
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

CHURCH OF GOD OF PROSPERITY
476 N. Main St.
Pastor James A. Bennett
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

CHURCH OF GOD OF THE HOLY NATIVITY EPISCOPAL CHURCH
476 N. Main St.
Pastor James A. Bennett
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

NEW BEGINNERS HOLINESS CHURCH

845 S. Lake Ave.
Samuel Montgomery - Pastor
Sunday Service 11:00 A.M.
Evening Service 7:00 P.M.

SHILOH MISSIONARY BAPTIST CHURCH
476 N. Main St.
Pastor James A. Bennett
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

ST. MARY'S CATHOLIC CHURCH
225 East Main St.
Father John MacIntosh - Pastor
Sunday Mass (English) 8:00 P.M.
Sunday Mass (Spanish) 10:00 P.M.

MIRACLE BY FAITH BEYVAL CENTER

804 N. 11th St.
Rev. Jerry Montgomery
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

NEW BETHEL A.M.E. CHURCH
100 2nd St. S.
Rev. Jackie McMillan
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

THE HOLY ONES CHURCH OF GOD
125 W. 12th Ave.
Rev. Robert L. Banks
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

LAKE HARBOR

FELLOWSHIP CHURCH
541 Perkins Ave. S.
Mabel L. Cline
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

FIRST BAPTIST CHURCH
225 Bacon Post Rd.
Rev. Paul Davis - Pastor
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

THE COMMUNITY METHODIST CHURCH
Red Ruby - Pastor
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

SOUTH BAY

CHURCH OF ALL NATIONS
110 S. of Alvarado St. near Hwy 95
Rev. Walter Cook
Sunday Service 11:00 A.M.
Evening Service 7:00 P.M.

CHURCH OF GOD
1800 Bacon Post Rd.
James A. Brewer - Pastor
Sunday Service 11:00 A.M.
Evening Service 7:00 P.M.

GOOD SHEPHERD CHURCH OF GOD
1800 Bacon Post Rd.
James A. Brewer - Pastor
Sunday Service 11:00 A.M.
Evening Service 7:00 P.M.

PAHOKEE

APOSTOLIC CHURCH OF PAHOKEE
16 S. Main St. P.O. Box 37
Rev. Vanquay - Pastor
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

SPRING HILL BAPTIST CHURCH
16 S. Main St. P.O. Box 37
Rev. Vanquay - Pastor
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

THE HOLY ONES CHURCH OF GOD
125 W. 12th Ave.
Rev. Robert L. Banks
Sunday School 9:00 A.M.
Morning Service 11:00 A.M.
Evening Service 7:00 P.M.

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Glades Central's School Honor Roll

- All A's**

 - Patrick Bosille (9)
 - Carneisha Bryant (9)
 - Sandy Dunkley (9)
 - Franklin Lemene (9)
 - Percy Napier (9)
 - Irma Arellano (11)
 - Joe Benjamin (11)
 - Ruth Crosbie (11)
 - Lawrence Epting (11)
 - Jaykeana Felton (11)
 - Herbert Hutchinson (11)
 - Juliet Miller (11)
 - Alfonzo Millner (11)
 - Betty Petithomme (11)
 - Cesar ponce (11)
 - Israel Valdovinos (11)
 - Donna Ward (11)
 - Dahlia Forde (12)
 - Tequesta Guy (12)
 - Yvonne Joachim (12)
 - Percy Johnson (12)
 - Shawnte Napier (12)
 - Jonas Rosius (12)
- Merlin Velez**

 - Stacey Wellington
 - Grade 10**
 - Isaura Arellano
 - Karina Bautista
 - Tiffanie Benjamin
 - Lindsay Bennett
 - Arthur Brown
 - Randy Burden
 - Ferdinand Charite
 - Latoya Daniels
 - Berenice Delacruz
 - Dominic Denson
 - Lloren Dowdell
 - Shante Edwards
 - Karla Gadea
 - Viki Justiniano
 - Tom Kinney
 - Kecia Knowles
 - Agnes Lopez
 - Juvenal Martinez
 - Sela Merisier
 - Janny Mullins
 - Broderick Nelson
 - Jamerian Peterson
 - Gabriela Rodriguez
 - Karri Shannon
 - Gehad Shatara
 - Paul Small
 - Oscar Solis
 - Clive Staple
 - Ramon Trevino
 - Daniel Williams
 - Grade 11**
 - Takita Allen
 - Felder Benjamin
 - Shaheika Benjamin
 - Machela Boone
 - Nardge Boucicaut
 - Andre Bryant
 - Hope Crawford
 - Latoya Crawford
 - Archange Dhaiti
 - Otis Duhart
 - Mincia Eliassaint
 - Lawanda Ervin
 - Antonio Frazier
 - Juan Garcia
 - Odes Gray
 - Eureka Henderson
 - Howard Heppburn
 - James Holden
 - Ronald Jones
 - Charlie Mann
 - Casey Marcell
 - Tamica McRae
- Carolina Mendosa**

 - Judith O'Farrell
 - Genna Paul
 - Jamie Perkins
 - Rayna Perez
 - daren Ray
 - Jennifer Jean
 - Erica Redmon
 - Lashawnda Ricks
 - Antwain Robinson
 - Irene Rodriguez
 - Raymundo Sanchez
 - Rabie Shanti
 - Rayford Slaughter
 - Duvashia Smith
 - Cesilio Vera
 - Stevenson Victor
 - Robera Walker
 - Grade 12**
 - Wright Thompson
 - Latoria West
 - Lorenzo Williams
 - Sabine African
 - Nowie Austin
 - Dexter Brockman
 - Zarnisha Brownning
 - Jaquay Byrd
 - Ernest Coney
 - Loranna Crawford
 - Ryan Curtiss
 - Chris Daniels
 - Napoleon Davis
 - Alfred Dennard
 - Marylee Flores
 - Tenesha Forbes
 - Sabine Francoeur
 - Michelle Garcon
 - Tequesta Hardnett
 - Walter Haless
 - Malinda Holmes
 - Stacey Hutchinson
 - Benold Jean-Baptiste
 - Tangela Knowles
 - Carla Little
 - Charlesica Longmire
 - Kelvin McCall
 - Veronica Mendoza
 - Antrom Miller
 - Albeto Montoya
 - Charzette Moore
 - Justina Palmer
 - Daphanie Parke
 - Rickieisha Patrick
 - Hiawatha Plair
 - Zandra Rice
 - Wilandene Rosius
 - Marwan Shatara
 - Shameka Thomas

All A's & B's

- Grade 9**
- Dalitra Ace
 - Antonio Assouman
 - Jackson Cadet
 - Carlos Cardoona
 - Sandy Cesaie
 - Leticia Clark
 - Otis Coliny
 - Lorena Escorcia
 - Dwight Forde
 - Robert Frier
 - Osama Halum
 - Willie Hodges
 - Katonia Jackson
 - Bobby Kendall
 - Tremaine Knight
 - Goseline Luc
 - Brentoya Mayes
 - Jessica Moore
 - Faryl Morris
 - Alejandra Muniz
 - Jeannot Nelson
 - Roberson Nelson
 - Emilia Paez
 - Denise Randon
 - Jermira Robinson
 - Kerlanide Rosius
 - Carlia Scott
 - Johnny Terry
 - Gabriela Torres



Lots of work... These committee members, (back row, left to right) Barbara Milligan, Sue Lott, Mick-y Pender, Vanita Hall, Chere Bowen, Mary Oranigo, Dolly Hall, Peggy Shoemaker and Betty Trimble, also (front row, left to right) John Petty, Aaron Sutterfield, Joy Raulerson and Steve Scalabrini worked hard to serve the community at the John Petty Benefit Barbecue held Nov. 18.



It's Turkey time!
Glades Day School is celebrating the Thanksgiving holidays with three days off of this week. However, if you're a Gator fan, you'll want to spend Friday evening in Orlando, where the varsity football team will take on Orlando-Lake Highland Prep in the second round of the playoffs. The Gators defeated Hollywood Christian 36-7 last Friday to earn the playoff spot. Directions to the game are available in the high school office.

Reality is hitting the Class of '96 that this is their last year of high school. The seniors began ordering graduation

Glades Day's Gator Tales

announcements last Monday from Herff Jones. They also took advantage of some of the senior mementos that were available such as extra tassels, scrapbooks, key chains, etc. May 31 will be here before you know it!

National Honor Society Sponsor Sharon Baumgartner reports the organization's Thanksgiving Food Drive was a big success, thanks to the outpouring of canned goods and other food items brought in by students and parents. They will go a long way towards making a happy Thanksgiving for many needy families.

Volleyball season is officially over, but it didn't stop the varsity volleyball girls from having one last fling when they challenged some faculty members to a match last Wednesday, Nov. 15. It was a hard fought battle, but the girls came out on top in the competition, 15-4, 7-15, and 15-13. Our condolences go to those faculty players who woke up the next morning with aching muscles!

The boys' basketball season is still a few weeks away, but the girls began their play this week. Games were scheduled this past Monday and Tuesday against St. Edward's and Hollywood Christian, and then the varsity girls will participate in a tournament at Ft. Lauderdale Christian Nov. 27-29. We wish the Lady Gators the best of luck!

REMINDER TO PARENTS & STUDENTS - The 1996 Gator yearbook will be on sale for A LIMITED TIME ONLY next week (Nov. 27-Dec. 1). The cost will be \$35 for underclassmen and \$37 for seniors. Have a Happy Thanksgiving!

Classifieds

91- AUTOS FOR SALE

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'The Glades' Area Sports

Statistics:

Glades Central 10, Rockledge 18

	GC	R
First downs	6	15
Rushing yardage	23-46	43-154
Passing yardage	111	8
Passes	7-14-2	1-5-0
Fumbles lost	1-1	3-1
Punts (No. Avg.)	3-32.0	1-6
Yards penalized	7-60	1-15

Glades Central	0	7	3	0	=10
Rockledge	0	5	0	13	=18

GC - Grant 23 pass from Musalet (Louis kick)
GC - Louis 35 FG

Glades Day 36, Hollywood Christian 7

	GD	HC
First downs	12	9
Rushing yardage	35-192	15-12
Passing yardage	128	122
Passes	7-14-1	14-26-1
Fumbles lost	0-0	0-0
Punts (No. Avg.)	3-29.6	7-37.7
Yards penalized	15-95	10-68

Glades Day	7	22	0	7	=36
Hollywood Christian	0	0	0	7	=18

GD - Seider 1 run (Rodriguez kick)
GD - Shatara 5 pass from Garrett (Norman pass from Garrett)
GD - Norman 62 pass from Garrett (Rodriguez kick)
GD - Garrett 5 run (Rodriguez kick)
GD - Seider 3 run (Rodriguez kick)

Pahokee 55, Coral Shores 0

	PAH	CS
First downs	19	5
Rushing yardage	33-317	13-28
Passing yardage	87	66
Passes	4-9-1	11-22-2
Fumbles lost	2-2	4-3
Punts (No. Avg.)	0-0	4-25.8
Yards penalized	2-20	4-28

Pahokee	21	7	20	7	=55
Coral Shores	0	0	0	0	=0

PAH - L. Williams 34 run (Rodriguez kick)
PAH - Boldin 60 interception return (Rodriguez kick)
PAH - L. Williams 16 run (Rodriguez kick)
PAH - Boldin 7 run (Rodriguez kick)
PAH - L. Williams 55 run (Rodriguez kick)
PAH - Hall 21 run (Rodriguez kick)
PAH - M. Johnson 16 pass from Wells (kick failed)
PAH - Hall 39 run (Rodriguez kick)



Showing their school spirit!... These Glades Day Gator fans are using their voices to support their Gator team to a victory!

Gators defeated Hollywood Christian 36-7, starts third consecutive run towards state championship

By Eddie Campbell

Last Friday the Glades Day Gators started their third consecutive run towards the state championship by defeating the Hollywood Christian Eagles 36-7.

The Gators once again scored first on Brad Seider's one yard touchdown run with 3:06 left in the first quarter.

The Gators put the game away in the second quarter,

by scoring 22 points. Quarterback Jackie Garrett had a hand in all three second quarter scored.

First, Garrett connected with Farris Shatara for a five yard touchdown pass. Then Garrett went deep to Heath Norman for a 63 yard touchdown. Garrett tucked the third touchdown of the second quarter under his arm and ran it in from four yards

out. The score at halftime was 29-0 Gators.

The Eagles lone score of the game came on a 26 yard touchdown pass from Brad Sonneborn to Lonnie Bowles. Seider ran another touchdown in for the Gators with 8:02 left in the fourth quarter.

Garrett completed 7 of 14 passes for 134 yards with two touchdowns and one interception.

Shatara had 203 yards of total offense. Junior Stacey Cox played his first game of the year for the Gators after an injury that kept him out of the regular season. Cox carried the ball nine times for 50 yards.

The Gator defense once again held the opposition's scoring to single digits. Seider led the defense with nine tackles and one sack.

Friday night football frenzy!

Photography by:

Brad Rongione
for Glades Day,
Robbie Everett for
Pahokee, and
Kathy Peers for
Glades Central

Questions
or comments:
(407)
996-4404



Friday night football frenzy!

Pahokee wins in first round of play-offs

By Robbie Everett

The Pahokee Blue Devils advanced to the second round-of the 3A playoffs last Friday night with a decisive win over division 16, 3A Champs Tavernier-Coral Shores. The Blue Devil gridgers rushed for a total of 494 yards (317 yards and 87 yards passing).

Senior running back Lefann Williams scored the first of 3 touchdowns with a 34 yard run. Williams is leading the county with 20 touchdowns and more than 1300 yards during the regu-

lar season. He finished the game with 118 yards rushing.

Senior defensive back and backup quarterback Jimmy Wells intercepted a Coral Shores pass and ran it back 60 yards to give the Blue Devils a 14-0 lead in the first quarter. Kicker Victor Rodriguez added the extra point and Lefann Williams added the third touchdown with a 16 yard run.

Freshman quarterback Anquan Boldin scored the fourth touchdown on a seven

yard quarterback keeper.

On the first play of the second half Lefann Williams ran 55 yards over players, breaking tackles to score his third and final touchdown before retiring for the evening. Anquan Boldin connected with Jeremy Banks on a 20 yard pass to set up a 21 yard touchdown run by Michael Hall. Rodriguez added the extra point.

Backup quarterback Jimmy Wells took over the helm midway through the third quarter to add 13

points to the lead. Wells connected with Michael Johnson on a 16 yard touchdown pass to extend Pahokee's lead to 48-0. Michael Hall scored the final touchdown on a 40 yard run.

The Blue Devils are preparing to meet the LaBelle Cowboys this Friday night in the regional showdown.

The winner of that game will play the Cardinal Newman-Tampa Catholic winner. Good Luck to the Blue Devils!



Lost in thought!... #6 Percy Johnson, takes a break and wipes his face as he watches the Raider's game against Rockledge. Although Glades Central has nothing to prove, their regular season ended in a 10-0 record, on Nov. 17, the Raider team lost to Rockledge, 10-18, which took the Raiders out of the playoffs for the second year in a row.

Read *The Sun* weekly, for area sports!

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Mississippi State over Mississippi State
Georgia Tech over Georgia
Miami Hurricanes over Syracuse
Tampa Bay Bucs over Green Bay
Jacksonville Jaguars over Cincinnati
Miami Dolphins over Indianapolis
Atlanta Falcons over Arizona Cardinals

Barnett Bank



Hattie Bennett

(Playoffs) Glades Day Gators over Orlando-Lake Highland
(Playoffs) LaBelle over Pahokee Blue Devils
Florida Gators over FSU
Mississippi State over Mississippi State
Georgia Tech over Georgia Tech
Syracuse over Miami Hurricanes
Green Bay over Tampa Bay Bucs
Jacksonville Jaguars over Cincinnati
Indianapolis over Miami Dolphins
Atlanta Falcons over Arizona Cardinals

Bernie Little



Earl Wingate

(Playoffs) Glades Day Gators over Orlando-Lake Highland
(Playoffs) Pahokee Blue Devils over LaBelle
FSU over Florida Gators
Mississippi State over Mississippi State
Georgia Tech over Georgia
Miami Hurricanes over Syracuse
Green Bay over Tampa Bay Bucs
Cincinnati over Jacksonville Jaguars
Miami Dolphins over Indianapolis
Atlanta Falcons over Arizona Cardinals

First Community Bank



Robert Archer

(Playoffs) Glades Day Gators over Orlando-Lake Highland
(Playoffs) Pahokee Blue Devils over LaBelle
Florida Gators over FSU
Mississippi State over Mississippi State
Georgia Tech over Georgia Tech
Miami Hurricanes over Syracuse
Green Bay over Tampa Bay Bucs
Cincinnati over Jacksonville Jaguars
Miami Dolphins over Indianapolis
Atlanta Falcons over Arizona Cardinals

Glades Gas



Dennis McCarthy

(Playoffs) Glades Day Gators over Orlando-Lake Highland
(Playoffs) Pahokee Blue Devils over LaBelle
Florida Gators over FSU
Georgia Tech over Georgia Tech
Miami Hurricanes over Syracuse
Tampa Bay Bucs over Green Bay
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(Playoffs) LaBelle over Pahokee Blue Devils
Florida Gators over FSU
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Syracuse over Miami Hurricanes
Green Bay over Tampa Bay Bucs
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Indianapolis over Miami Dolphins
Atlanta Falcons over Arizona Cardinals

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(Playoffs) Glades Day Gators over Orlando-Lake Highland
(Playoffs) Pahokee Blue Devils over LaBelle
Florida Gators over FSU
Mississippi State over Mississippi State
Georgia Tech over Georgia Tech
Miami Hurricanes over Syracuse
Tampa Bay Bucs over Green Bay
Cincinnati over Jacksonville Jaguars
Miami Dolphins over Indianapolis
Arizona Cardinals over Atlanta Falcons

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Mike Burkett

(Playoffs) Glades Day Gators over Orlando-Lake Highland
(Playoffs) Pahokee Blue Devils over LaBelle
FSU over Florida Gators
Mississippi State over Mississippi State
Georgia Tech over Georgia Tech
Miami Hurricanes over Syracuse
Green Bay over Tampa Bay Bucs
Jacksonville Jaguars over Cincinnati
Miami Dolphins over Indianapolis
Arizona Cardinals over Atlanta Falcons

Lake Welding



David Rimes

(Playoffs) Glades Day Gators over Orlando-Lake Highland
(Playoffs) LaBelle over Pahokee Blue Devils
Florida Gators over FSU
Mississippi State over Mississippi State
Georgia Tech over Georgia Tech
Miami Hurricanes over Syracuse
Green Bay over Tampa Bay Bucs
Jacksonville Jaguars over Cincinnati
Miami Dolphins over Indianapolis
Arizona Cardinals over Atlanta Falcons

Leo's Pizza



Robert Grange

(Playoffs) Glades Day Gators over Orlando-Lake Highland
(Playoffs) Pahokee Blue Devils over LaBelle
FSU over Florida Gators
Mississippi State over Mississippi State
Georgia Tech over Georgia Tech
Miami Hurricanes over Syracuse
Green Bay over Tampa Bay Bucs
Jacksonville Jaguars over Cincinnati
Miami Dolphins over Indianapolis
Atlanta Falcons over Arizona Cardinals

The Paint Store



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(Playoffs) Glades Day Gators over Orlando-Lake Highland
(Playoffs) Pahokee Blue Devils over LaBelle
Florida Gators over FSU
Mississippi State over Mississippi State
Georgia Tech over Georgia Tech
Miami Hurricanes over Syracuse
Green Bay over Tampa Bay Bucs
Jacksonville Jaguars over Cincinnati
Miami Dolphins over Indianapolis
Atlanta Cardinals over Atlanta Falcons

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(Playoffs) Glades Day Gators over Orlando-Lake Highland
(Playoffs) Pahokee Blue Devils over LaBelle
Florida Gators over FSU
Mississippi State over Mississippi State
Georgia Tech over Georgia Tech
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This could be the tie-breaker week!

As everyone knows who reads this column, Lake Hardware's Mike Burkett and Bernie Little's Earl Wingate have been duking it out for first place. Next week could tell the tale. Both men have picked three different teams to win, which tells us a tie-breaker is on the horizon!

It was a sad week as we saw the Glades Central Raiders lose their chance at the championship title with their loss to Rockledge. It was a close game and the Raiders put forth a good effort. We salute them!

The Pahokee Blue Devils and Glades Day School's Gators are still in the running for state championship trophies. Glades Day had a decisive win over Hollywood Christian with a score of 36-7 and the Blue Devils trounced their opposition with a 48-0 score.

Good luck to all our players. We hope to see some good predicting this week!

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WATCH FOR THIS PAGE EVERY WEEK.

Former Glades Day Gator, Don Garrett, starter for Georgetown

With the return of 19 starters and 48 letterwinners from the 1994 team that finished the season with four-consecutive wins, Georgetown had high hopes for a successful 1995 campaign. Despite the return of many starters, third-year Head Coach Bob Benson has several areas with which he was concerned. Among these concerns for Benson is the offensive line, where the Hoyas must replace two key players, and the special teams.

The Hoyas finished the 1994 season with a 5-4 record and tied for third place in the Metro Atlantic Athletic Conference (MAAC) with a 3-2 mark. Georgetown lost three games by three points and the four losses were by a combined total of 16 points. The Hoyas lost only four starters to graduation, but they were key performers as each earned All-MAAC honors.

Georgetown graduated Murray Happer and Steve Colello from the offensive line, defensive end Jim Kiesel and punter Joe Piscatella. Georgetown, however, does return five All-MAAC players, sophomore running back Steve Lorio, senior offensive tackle Derek deBakker, Senior linebackers Tom Wonica and Eric Behrens and senior free safety Chris Johnston. Wonica and Johnston also earned ECAC Intercollegiate Football Conference Division I-AA honors.

On offense, Georgetown returns all of its skill players,



74 Donald Garrett, OT, 6' 5", 275 lb., Junior

but most of these players are still very young in terms of collegiate experience.

Benson's biggest concern is the offensive line where he must replace two starters, Happer at tackle and Colello at center. The offensive line will be anchored by senior Derek deBakker, who will move from right tackle to left tackle. Sophomores Steve Ozeranic and Jeff Blumberg started at guard last season and are expected to do so again in 1995.

At tackle two of the players Benson is looking to are

6'5", 275 pound junior Don Garrett and 6'4", 285 pound sophomore Ryan Johnson.

The center position remains Benson's biggest concern as the Hoyas do not have an experienced center on the team. Two of the players vying for playing time are Garrett and freshman Mark Focht. "We feel we have some strength on the offensive line, but at the same time we also have some concerns, especially at the center spot," said Benson.

The end of the 1995 season leaves Georgetown with a 7-3 record.

Glades Central Raiders 1995-96 Basketball schedule

Thur. Nov. 16

at John I. Leonard (W 69-45)

Tues. Nov. 21

at Santaluces

Fri. Dec. 1

Forest Hill

Tues. Dec. 5

Pahokee

Fri. Dec. 8

at Suncoast

Tues. Dec. 12

Cardinal Newman

TH. - SAT., Dec. 14-16

Poinciana Christmas Tournament

WED. - FRI., Dec. 20-22

Bartow Christmas Tournament

Tues., Jan. 2

at Wellington

Fri., Jan. 5

Palm Beach Gardens

Fri., Jan. 12

at Forest Hill

Sat., Jan. 13

Clewiston

Tues., Jan. 16

at Pope John Paul

Thur., Jan. 18

John I. Leonard

Fri., Jan. 19

Suncoast

Sat., Jan. 20

at Pahokee

Tues., Jan. 23

at Clewiston

Thur., Jan. 25

Pope John Paul

Fri., Jan. 26

at Cardinal Newman

Fri., Feb. 2

at Palm Beach Gardens

Tues., Feb. 6

Santaluces

Fri., Feb. 9

Wellington

Junior Varsity Lady Raiders Basketball roster

Number	Name	Position	Grade
#3	Jerkita McClorin,	G,	Freshman
#4	Chimere Outler,	G,	Freshman
#5	Chimere Butts,	G/F,	Sophomore
#10	Tasha Cooper,	G/F,	Freshman
#11	Latasha Buckner,	G/F,	Sophomore
#13	Jermira Robinson,	F,	Freshman
#14	Sophia Joachim,	F,	Sophomore
#15	Michelle Pittman,	G/F,	Sophomore
#24	Kahnetta Brown,	C,	Freshman
#33	Miriam Thomas,	G,	Freshman
#	Danella Bythwood,	C,	Sophomore
#	Shresse Lumpkin,	F,	Freshman

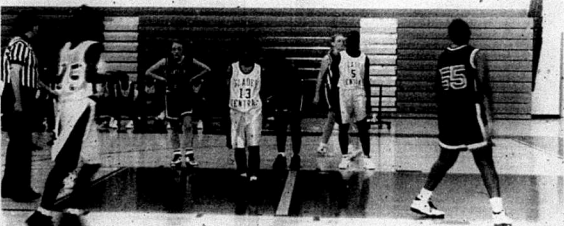
Varsity Lady Raiders Basketball roster

Number	Name	Position	Grade
#3	Alicia Vickers,	G,	Senior
#4	Tenesha Forbes,	F,	Senior
#5	Yvonne Joachim,	F,	Senior
#13	Zarnaisha Browning,	G,	Senior
#14	Jaykena Edwards,	G,	Sophomore
#15	Tiphany McKenzie,	G,	Senior
#25	Theresa Thicklin,	G,	Senior
#32	Kim Coleman,	G,	Freshman
#34	Lolita Pearson,	F,	Senior
#35	Daphane Parks,	F,	Senior
#41	Melinda Holmes,	F,	Senior
#45	Hattie Jasper,	F,	Junior
#50	Urika Wright,	G,	Senior

Go for it!... Glades Central Raider's #44 Tavar Jones goes for the extra points.



Glades Central Raiders get their extra points during their game against Santaluces.



Glades Central Raiders show their strength in this week's game against Santaluces.

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Everglades Regional Medical Center

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Belle Glade, FL 33430
(407) 992-8000

GLADES DAY SCHOOL



Head Coach:
Mandy Perez

GATORS FOOTBALL SCHEDULE

Varsity

		HOME	
9-1	Miami Pace	43-13	
9-8	American Heritage	Away	13-7
9-15	OPEN		
9-22	Benjamin	Away	39-0
9-29	Frostproof	HOME	46-14
10-6	King's Academy	HOME	50-0
10-13	Lake Placid	Away	59-21
10-21	Ft. Lauderdale Westminster	Away	9-7
10-27	LaBelle	HOME	10-27
11-3	Moore Haven (Homecoming)	HOME	42-6
11-10	St. Edward's	Away	48-13

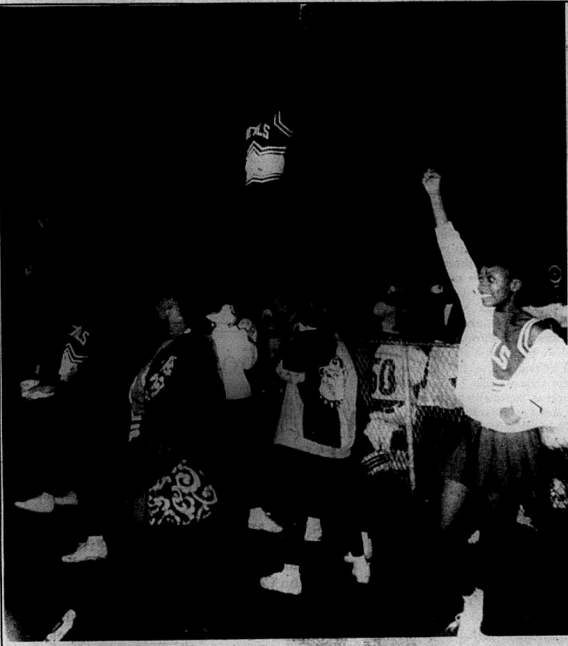
GLADES CENTRAL COMMUNITY HIGH SCHOOL



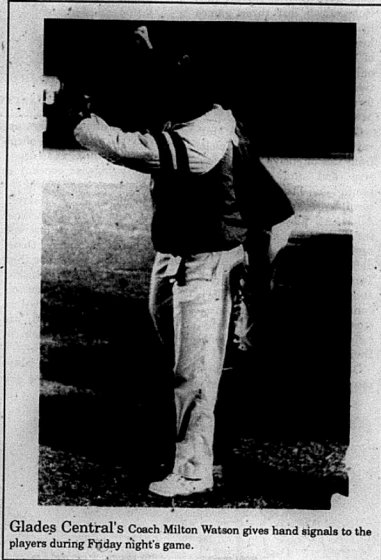
Head Coach:
Milton Watson

9-1	
9-8	
9-15	
9-22	
9-29	
10-6	
10-13	
10-20	
10-27	
11-3	
11-10	

* District Ga



Go Blue Devils!...The Pahokee High School Cheerleaders give a cheer for their team!



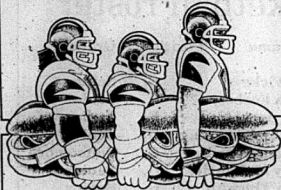
Glades Central's Coach Milton Watson gives hand signals to the players during Friday night's game.



Number please...Gator player

Football Heros

Big Game Fare For Big Appetites



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6:15 am - 2:00 pm



Smiling Gator fan set Friday night's game. The Gators win again.



Young and old alike come out to watch

FOOTBALL

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Glades Area
Teams!

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RAIDERS FOOTBALL SCHEDULE

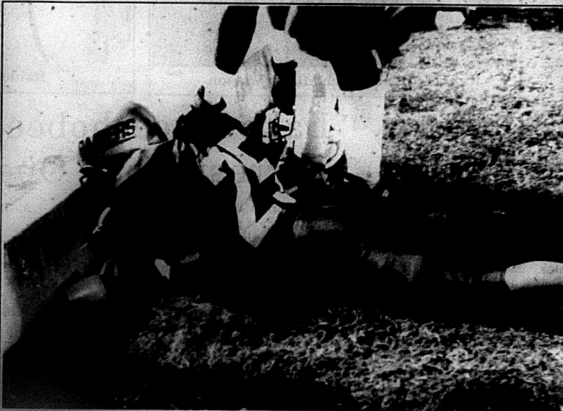
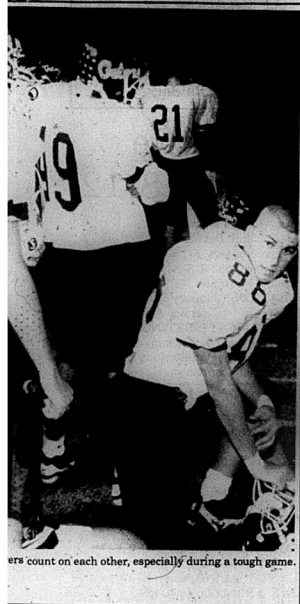
Varsity		
Pope John Paul	Away	42-3
Spanish River	HOME	21-17
Olympic Heights	Away	21-12
*Forest Hill	HOME	39-7
Cardinal Newman	Away	35-0
OPEN		
Palm Beach Gardens	Away	20-0
*Clewiston	HOME	10-7
Santaluces (Homecoming)	HOME	23-0
*Suncoast	Away	34-9
Pahokee	HOME	28-7

PAHOKEE
MD/SR HIGH
SCHOOL

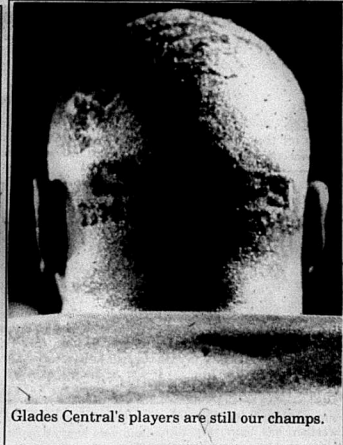
Head Coach:
Joe Marx

Blue Devils Football Schedule

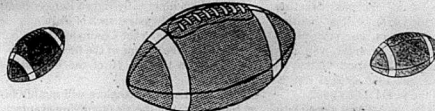
Varsity		
9-1	Palm Beach Lakes	Away 20-12
9-8	*Forest Hill	Away 39-6
9-15	OPEN	
9-22	*Cocoa Beach	Away 70-0
9-29	*Suncoast	HOME 7-21
10-5	*Melbourne	HOME 49-6
10-12	*Olympic Heights	HOME 21-7
10-20	*Pope John Paul	Away 59-6
10-26	Boca Raton (Homecoming)	HOME 6-3
11-3	*Cardinal Newman	HOME 22-25
11-10	*Glades Central	Away 7-28
* District Game		
• Conference Game		



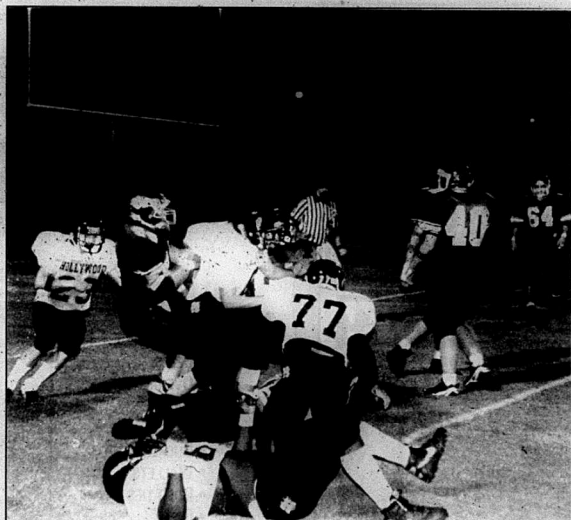
What's he doing? We're not sure, but this Glades Central Varsity player seems to be stretched out for a rest.



Glades Central's players are still our champs.



Watch the Pahokee Blue Devils beat the opposition.



Moving the ball is hard when there is this kind of traffic congestion.



Joi Salvatore's hair says it all.

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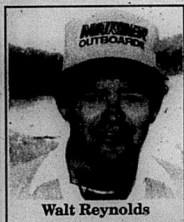
Wipe off that hard work!... Glades Day's #8 Stacey Cox cleans the sweat off his face in their 36-7 victory against Hollywood Christian.



Raider's Head Coach Milton Watson



Raider's Coach Jay Seider



Walt Reynolds

It looks like we can softly say summer has ended. The cooler weather has been very nice, although it has been a little too windy for most folks.

The fishing is changing about as fast as the weather. Thursday and Friday, while chilly in the morning hours, provided some great fishing for our clients. Both days saw many keepers, up to 5 pounds, on a green pumpkin Charlie's Lizard. Now Saturday was a different story, as we struggled to catch only 20 fish for the

Fishing with B.A.S.S. Pro. Walt Reynolds

four people. We were fishing the lizard on a Carolina rig-on structure.

With the water discharges, there is current in the lake in many areas. This current seems to have a lot of attraction to the fish as it will move bait to them, without having to chase the bait.

I hope everyone has a great and very happy Thanksgiving. Those of us fortunate enough to live here on Lake Okeechobee should be most thankful, as we can enjoy one of God's great works. Where else could you go Bass fishing on a world famous lake and still be back to the house for turkey and all the trimmings?

We haven't saw a lot of Crappie being caught yet, but the cool weather should improve

that shortly.

Ranger Boats, ESPN-2, and Operation Bass have combined forces to bring a new level to competitive bass fishing. It will be called the FLW Tour and will produce some wealthy anglers. You can rest assured that anything Forrest Wood puts his name on will be the absolute best. The FLW Tour will kick off its premier tournament here on Lake Okeechobee on January 8-12 in downtown Clewiston. Roland Martin's Marina will be the housing headquarters. For more information, or to enter, you may contact Operation Bass at (502) 362-4880 or feel free to call me at (941) 983-8692.

To all a good bite,
Walt Reynolds
B.A.S.S. Touring Pro.

Lake Okeechobee hosts the Forrest Wood Open, Jan. 8-12

The Forrest Wood Open, Jan. 8-12, features \$100,000 First place prize plus 50% of entrants receive a paycheck!

Four days of Competition as follows:

- Day 1 & Day 2 - Make the cut!
 - 150 Pros / 150 Ams paired
 - After 2 days of competition - The top 10 Pros and top 10 Ams advance.
 - 11th - 30th Place issued a check on site.
 - Day 3 - A Clean Slate!
 - 10 Pros / 10 Ams paired
 - Top 5 Pros advance to Day 4
 - Boats furnished by Ranger Boats
 - 6th - 10th Place Pros issued a check on site.
 - 1st - 10th Place Ams issued a check on site.
 - Day 4 - Smile For the Camera!
 - Last Day - Score Card at Zero
 - Final 5 Nationally televised on ESPN 2
 - Fish from identical-rigged Ranger Boats
 - Pull out the heaviest sack of Bass
- How to advance to the Championship:
- Win 1st place in one of the first 5 events
 - Finish in the top 10 of the Forrest Wood Open
 - An additional 25 Anglers will qualify based on total weight in the six qualifying events.

DATE: January 9-12, 1996
LAKE: Lake Okeechobee

MARINA: Roland Martin's
920 E. Del Monte
Clewiston, FL 33440
(941) 983-3151

HOST: Roland Martin's
REGISTRATION: January 8, 3-6 p.m.
John Boy Auditorium

PRE-TOURNAMENT MEETING:
January 8, 6:30 p.m.
John Boy Auditorium

HOUSING: Roland Martin's

DATE: February 6-9, 1996
LAKE: Lake Okeechobee
MARINA: Okeetant
Okeechobee City, FL
Tourist Development Council
of Okeechobee
P.O. Box 773
Okeechobee, FL 34973

REGISTRATION: February 5, 3-6 p.m.
Shriner's Club

PRE-TOURNAMENT MEETING:
February 5, 6:30 p.m.
Shriner's Club

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• Motel Pier II/Days Inn (941) 763-8003
• Flamingo Motel (941) 785-6100

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MEN'S JEANS SIZES 28 TO 66 WAIST
MEN'S SHIRTS SIZES S, M, L, XL TO 8XL
MEN'S SHORTS SIZES 30 TO 60 WAIST

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*Local Police Athletic Leagues
to compete in National event.*

WEIGHT CATEGORIES FOR THE "CLASSIC":

FLYWEIGHT

5-6 year olds = 70 pounds

JR. BANTAM WEIGHT

6-7 year olds = 80 pounds

BANTAM WEIGHT

9-10 year olds = 100 pounds
11 year olds older/lighter = 85 pounds

LIGHTWEIGHT

10-11 year olds = 115 pounds
12 year olds older / lighter = 100 pounds

MIDDLEWEIGHT

11-12 year olds = 130 pounds
13 year olds older / lighter = 115 pounds

CRUISERWEIGHT

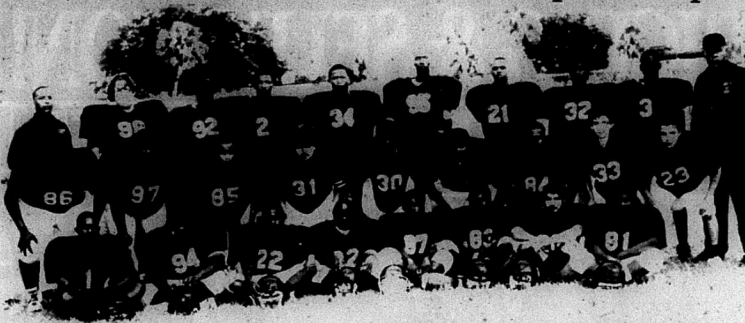
12-13-14 year olds = 150 pounds
15 year olds older / lighter = 135 pounds

UNLIMITED

13-14-15 year olds

POP WARNER TEAMS

Will play Pop Warner teams in the same weight category based on year end weights.



Pictured above are the Steve Moore Panthers coached by Brandt Bates and head coach Dan Bythwood.



Pictured above are the 9-12 year old Police Athletic League Gator team coached by Quintella Smith.

South Bay, Belle Glade and Riviera Beach will be representing South Florida in this National event to help the Shriner's raise money for crippled children.

First round games are scheduled for Friday Nov. 24. Championships will be held Saturday, Nov. 25, with the winners of each bracket below playing the winner of the other bracket.

CRUISERWEIGHT

South Bay, FL.	College Park, GA.
Doraville, GA.	Doraville, GA.

MIDDLEWEIGHT

South Bay, FL.	Cincinnati, Ohio
Cincinnati, Ohio	St. Louis, Missouri

UNLIMITED

Belle Glade, FL.	Birmingham, AL.
Athens, GA.	St. Louis, Missouri



Saying a prayer?... Glades Day's #8 Stacy Cox takes a time out to gather his thoughts in the Gators game Nov. 17.



Concentration... was the key in the Gators 36-7 victory against Hollywood Christian Nov. 17. Pictured above is #30 Julian Rodriguez.

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50HD, 40HD,
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A-1 Master Cylinder
Priced From **\$13.99**
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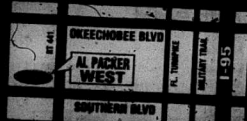
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1993 FORD T-BIRD AUTO, A/C, CAMPER TOP \$11,995	1993 FORD RANGER XLT SUPER CAB, 8CYL \$11,995	1994 FORD RANGER XLT SUPER CAB, 8CYL \$12,995	1994 FORD AEROSTAR XL PLUS DUAL A/C \$13,995	1993 FORD EXPLORER LOADED, LOW MILES \$16,995	1992 FORD BRONCO XLT LEATHER \$17,995

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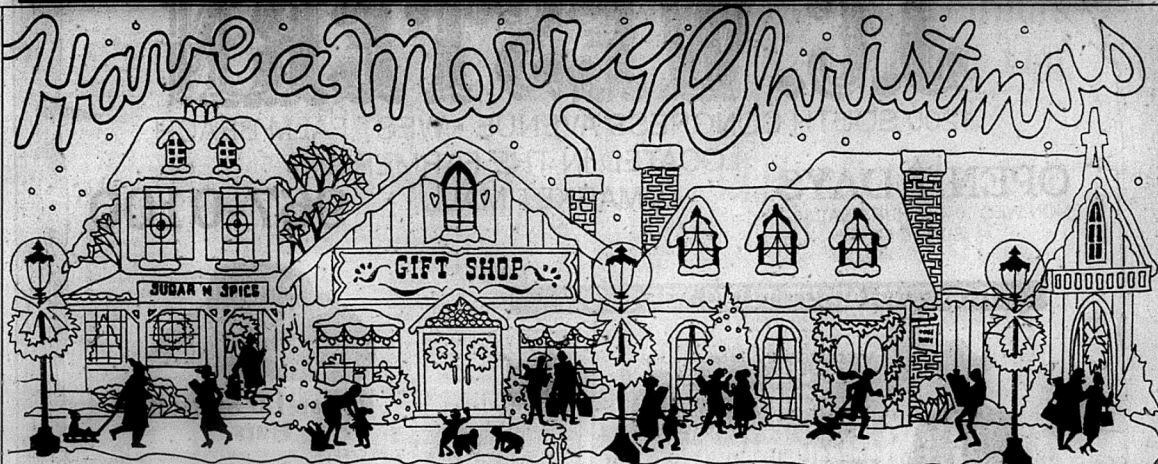
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'96 CHEVY S-10 PICKUP
Auto, A/C, Antilock brakes, Rear step bumper and moore. Stk #K131931 **\$11,995**



'96 CHEVY CAVALIER COUPE
A/C, Auto, AM/FM Stereo, Dual airbags, Anti-lock brakes and moore. Stk #7114690 **\$12,495**



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Dual Airbags, Daytime running lights, PL, Theft deterrent system, AM/FM Cassette. Stk #MS04483. **\$12,995**



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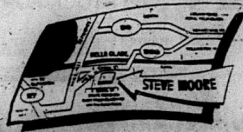
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Understanding The Food Guide Pyramid

(NAPS)—Did you grow up thinking that a balanced meal was equal portions of dairy, meat, vegetables and bread? If you did, you're not alone.

Now the United States Department of Agriculture (USDA) has a new way of showing the types and amounts of food we should eat—the Food Guide Pyramid.

According to a recent telephone survey of 1,000 people conducted by Stadt Corp., makers of NatraTaste® granulated sugar substitute, six out of ten people were aware of the Food Guide Pyramid and what it stood for.

Most survey respondents also knew about serving sizes. Eighty percent knew that one serving of cooked dried beans was 1/2 cup, while 61 percent knew that one serving of milk or yogurt is 1 cup. Only half of the respondents knew that one serving of chopped fruit or vegetable is 1/2 cup.

The pyramid reflects the USDA's Dietary Guidelines for Americans, which recommend eating a variety of foods, avoiding too much sugar, fat and cholesterol, and eating more fiber.

For a simple explanation of the Food Guide Pyramid, serving sizes and ideas on how to make healthier food choices, *Savor The Flavor* by Gail L. Becker, R.D. is an excellent educational cookbook. Her delicious, low-fat recipes are coded with pyramid symbols to show how they fall into the Food Guide Pyramid, as well as diabetic exchanges.

The following sugar-free recipe for Chocolate Raisin Ring Bread, made with NatraTaste, is a perfectly healthy treat for any occasion.

CHOCOLATE RAISIN RING BREAD

- 1/2 cup + 2 tablespoons
evaporated skim milk,
divided
1/3 cup cocoa
6 packets NatraTaste®
granulated sugar
substitute
Pinch salt
2 tablespoons raspberry all



For those thinking pyramid, this circular Chocolate Raisin Ring Bread adds up to a mouthwatering, healthy taste treat.

fruit spread
1 loaf (1 pound) frozen
white bread dough,
thawed

3/4 cup raisins
1/3 cup chopped walnuts

In a small-size saucepan, stir together 1/2 cup milk, cocoa, NatraTaste and salt. Cook over low heat, stirring constantly, 4-5 minutes until thickened and smooth. Remove from heat. Set aside 2 tablespoons cocoa mixture. Stir raspberry spread into remaining cocoa mixture; set aside to cool.

On a lightly floured surface, roll dough into 14" x 8" rectangle. Spread dough with cooled cocoa-raspberry mixture to within 1" of edges. Evenly sprinkle with raisins and walnuts. Roll dough, starting from long side to enclose filling, pinching edges to seal.

Place dough seam-side down on baking sheet sprayed with non-stick cooking spray. Form a cir-

cle, pinching ends to seal. Using scissors, evenly snip dough around circle, making sure not to cut dough all the way through. Cover with plastic wrap or clean kitchen towel; let rise in warm place 1 hour or until doubled in size.

Preheat oven to 375°F. Brush ring with 1 tablespoon skim milk. Bake 25-30 minutes until golden brown. Cool on wire rack. Stir together reserved cocoa mixture and remaining skim milk until smooth; drizzle over warm bread. Cool completely. Makes 1 ring or 12 servings.

Per Serving: 220 calories, 5 g protein, 45 g carbohydrate, 3 g fat, 2 mg cholesterol, 190 mg sodium
Diabetic Exchanges: 2 starch/bread exchanges, 1 fruit exchange, 1/2 fat exchange

To receive a free NatraTaste sample, recipe and coupon, call the NatraTaste Hotline at 1-800-628-7211, Monday through Friday, 9 a.m. to 5 p.m. ET.

Cooking Corner Tips To Help You



Frangelico Cheese Cake

Four 8 oz. packages of cream cheese, 3 eggs, $\frac{3}{4}$ cup sugar, 1 tsp. vanilla or almond extract, $\frac{1}{2}$ cup Frangelico.

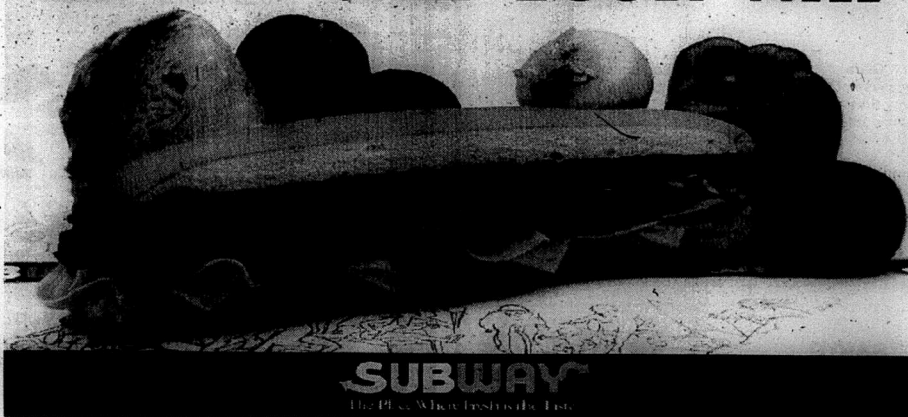
Blend all the ingredients at low speed. Pour into ready made pie crust or graham cracker crust. Preheat oven at 350 degrees. Bake for 40 to 50 minutes. Chill 2 to 3 hours. Add raspberries and boysenberries on top.

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Best of Beef Recipes '95

Holiday Hints

Speedy rib eye dish captures first prize at Beef Cook-Off

Easy ethnic recipes offer time-pressed cooks a chance to add a splash of excitement to weekday dinners. Grecian Skillet Rib Eyes, the "Best of Beef" winner for the 1995 National Beef Cook-Off, is the latest and most intriguing example of an ethnic entree that is perfect for a busy weeknight.

The recipe calls for a simple collection of seasonings—garlic, pepper, basil and oregano—that, when mixed together and rubbed into beef rib eye steaks, creates a lively flavor. And because the entree is pan-fried, it is flavorful and fast. Grecian Skillet Rib Eyes can be on the table in less than 30 minutes.

"This beef recipe brings together what's happening today in terms of flavors, cooking styles and serving versatility," said Marys Bielinski, director of test kitchens and editorial services for the National Live Stock and Meat Board. "It's simple and delicious."

The National Beef Cook-Off is a biennial, non-professional cooking contest that focuses on finding great beef recipes for today's time-pressed cooks. The next Beef Cook-Off, in 1997, will be held in Tampa, Fla. All entries are due June 1, 1996. To receive rules and entry information, send a self-addressed, stamped envelope to: National Beef Cook-Off Rules, Dept. SC2, 444 N. Michigan Ave., Chicago, Ill., 60611.

To receive a free copy of a brochure that highlights all 15 of the National Beef Cook-Off prize-winning recipes, please call 1-800-848-9088 or send a self-addressed, business-sized stamped envelope to National Beef Cook-Off Recipes, Dept. FSC2, 1510 Hubbard Dr., Batavia, Ill., 60510.



Grecian Skillet Rib-Eyes, the 1995 National Beef Cook-Off "Best of Beef" winner, can add a splash of excitement to busy weeknights.

Grecian Skillet Rib Eyes

Total preparation and cooking time: 25 minutes

- 2 well-trimmed beef rib eye steaks, cut 1 inch thick (approx. 1 pound)
- 1 tablespoon olive oil
- 1 tablespoon fresh lemon juice
- 2 tablespoons crumbled feta cheese
- 1 tablespoon chopped, pitted Kalamata or ripe olives

Seasoning:

- 1-1/2 teaspoons garlic powder
 - 1-1/2 teaspoons dried basil leaves, crushed
 - 1-1/2 teaspoons dried oregano leaves, crushed
 - 1/2 teaspoon salt
 - 1/8 teaspoon pepper
1. Combine seasoning ingredients; press into both sides of beef steaks. In large non-stick skillet, heat oil over medium heat until hot. Place steaks in skillet; cook approx. 10 to 14 minutes for medium rare to medium doneness, turning once. Sprinkle with lemon juice.

- 2. To serve, sprinkle cheese and olives over steaks; garnish as desired. Makes 2 to 4 servings (serving size: 1/2 to 1/4 of recipe).

Cook's Tip: Recipe may be doubled.

Prize-winning beef sandwich is stuffed with fun, flavor

Today's fast-paced lifestyles have already dictated a "lean" approach to family cooking. Now, a sandwich recipe—which won third place at the 1995 National Beef Cook-Off—announces that your youngest family members can be your most valuable cooks.

Savory Beef & Cheese Roll-Ups are fun-to-make sandwiches that kids will love to create...and then consume. The roll-ups are a change of pace, using lean roast beef and tortillas instead of bread. When assembled with shredded carrots, flavored spreadable cheese and leaf lettuce, the roll-up sandwich becomes a delicious meal.

"Savory Beef & Cheese Roll-Ups are great family fare," said Marys Bielinski, director of test kitchens and editorial services for the National Live Stock and Meat Board. "Children can have fun and parents can feel good about the balanced meal they're serving."

The National Beef Cook-Off is a biennial, non-professional cooking contest that focuses on finding great beef recipes for today's time-pressed cooks. The next Beef Cook-Off, in 1997, will be held in Tampa, Fla. All entries are due June 1, 1996. To receive rules and entry information, send a self-addressed, stamped envelope to: National Beef Cook-Off Rules, Dept. SC2, 444 N. Michigan Ave., Chicago, Ill., 60611.



Savory Beef & Cheese Roll-Ups, the third-place winner of the 1995 National Beef Cook-Off, is a lunchtime meal kids will enjoy making as much as eating.

Savory Beef & Cheese Roll-Ups

Preparation time: 20 minutes

- Chilling time: 30 minutes
- 1 pound well-trimmed deli roast beef, thinly sliced
- 2 packages (6 ounces each) garden of eden vegetable flavored soft spreadable cheese
- 4 large (10 inches) flour tortillas
- 1 cup shredded carrots
- 1 cup shredded Monterey Jack cheese (optional)
- 8 leaves green leaf lettuce

- 1. Spread soft cheese evenly over one side of each tortilla; top each with 1/4 cup shredded carrots and 1/4 cup Jack cheese. Layer lettuce and deli roast beef over carrots, leaving 1/2-inch border around edge. Roll up tightly; wrap in plastic; wrap. Refrigerate 30 minutes before serving.
- 2. To serve, cut each roll diagonally in half. Makes 4 servings (serving size: 2 roll-ups halves).

Cook's Tip: Roll-ups may be prepared ahead of time; wrap and refrigerate up to 8 hours before serving.

To receive a free copy of a brochure that highlights all 15 of the National Beef Cook-Off prize-winning recipes, please call 1-800-848-9088 or send a self-addressed, business-sized stamped envelope to National Beef Cook-Off Recipes, Dept. FSC2, 1510 Hubbard Dr., Batavia, Ill., 60510.

Festive Baked Bread



(NAPS)—Ring in the holiday season with Eggnog-Poppy Seed Bread. It's perfect for gift-giving or to serve at a family brunch. Made with Gold Medal all-purpose flour, this festive bread combines the flavors of the holidays—eggnog, poppy seed and nutmeg.

Eggnog-Poppy Seed Bread

1 large loaf or 2 small loaves Start to Finish: About 1 hour 10 minutes

HEAT oven to 350°. Grease bottom only of loaf pan, 9x5x3 inches, or 2 loaf pans, 8 1/2x4 1/2x2 1/2 inches.

BEAT on low speed, scraping bowl constantly, until blended:

- 2 1/2 cups Gold Medal all-purpose flour*
- 1 cup sugar
- 1/4 cup poppy seed
- 1/3 cup eggnog
- 1/4 cup milk
- 1 tablespoon vegetable oil
- 1/2 teaspoon baking powder
- 1 teaspoon salt
- 1 teaspoon ground nutmeg
- 1 egg

BEAT on medium speed 30 seconds.

POUR batter into pan(s).

BAKE 9-inch loaf 55 to 65 minutes; 8-inch loaves 50 to 60 minutes or until toothpick inserted in center comes out clean; cool slightly. Loosen sides of loaf from pan; remove from pan. Cool completely on wire rack before slicing.

*If using self-rising flour, omit baking powder and salt.

High Altitude Directions: No changes needed. Shiny aluminum pan(s) recommended.

TIP

This bread is even more delicious when spread with whipped cream cheese.

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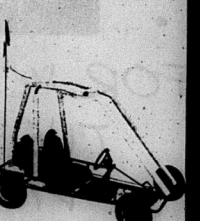
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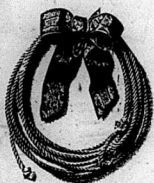
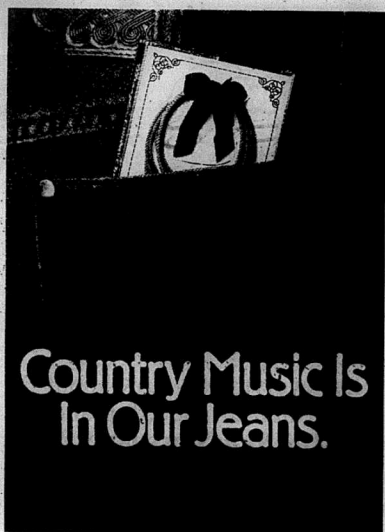
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